

Jackson Parks & Recreation Department

Volume 43 -

UPCOMING EVENTS

- 10/8 5k Glo Run, Chili Cookoff & Glo Party
- 10/12 Municipal Complex & JFD Open House
- 10/28 Ghoul Gala
- 12/2 Village Christmas Tree lighting



PHOTOBY: LIAM GAMBINO

2022 - 2023 Fall/Winter Activity Guide

FIND THE FULL GUIDE ONLINE AT

jacksonparkrec.recdesk.com

If you would like to receive a printed copy, please call and we'll gladly provide one for you (262) 677-9665.



Jackson Community Center
N165 W20330 Hickory Lane,
Jackson, WI 53037
Phone: (262) 677-9665
Email: parkrec@villageofjacksonwi.gov

Like and follow us on Facebook!

[www.facebook.com/
JacksonParkRec](http://www.facebook.com/JacksonParkRec)



Welcome To Jackson Park & Recreation

Dear Jackson Community,

Get ready for a Fall and Winter full of; amazing programs provided by the best instructors in our area, Special Events that can't be beat, a top notch fitness center to keep you moving even when there's lots of snow and the Community Center to just visit and enjoy a cup of coffee!

We can't wait to serve you!

Kelly Valentino



Jackson Village Board

Village President, Michael Schwab
Trustee, Brian Emmrich
Trustee, John Kruepke
Trustee, Traci Wells
Trustee, Brian Heckendorf
Trustee, Randy Matter
Trustee, Tim Engelhardt

Village Administrator, Jen Keller
Village Clerk, Jilline Dobratz
Village Treasurer, Darlene Smith
Admin. Asst., Tiffany Washburn
Receptionist, Laura Maritato

Jackson Village Hall
N168 W19851 Main Street
Jackson, WI 53037
(262) 677-9001
www.villageofjacksonwi.gov



MEET THE JACKSON PARKS & RECREATION DEPARTMENT STAFF

Kelly Valentino, CPRP
Parks & Recreation Director
Renee Fisher
Recreation Supervisor
Jessica Loomans, CPRP
Operations Manager

SPECIALTY & PART TIME STAFF:

Angie Jeske, Steph McNamnee,
Kim Marshall, Adam Seeger, Pat McKone, Joel Kahrs,
Debi Zeinert, Joe Mack, and the
MANY WONDERFUL VOLUNTEERS!

Offices are located at the:

Jackson Community Center

N165 W20330 Hickory Lane, Jackson, WI 53037

Phone: (262) 677-9665, Fax: (262) 677-9641

Email: parkrec@villageofjacksonwi.gov

website: jacksonparkrec.recdesk.com



Jackson Village Parks & Recreation Commission

Chairman, Casey Latz
Village Trustee, Tim Engelhardt
Brian Mekka
Susan Rank
Brittany Rathke
Ex-Officio Secretary, Renee Fisher,
JPR Recreation Supervisor

Meetings are typically held quarterly,
the 3rd Tuesday of the month at 6pm.
For a list of meeting dates, please
contact the JPR Office at (262) 677-
9665 or consult the website. The
public is welcomed and encouraged
to attend all meetings.



Friends of Jackson Parks & Recreation

The Friends Group is a 501-c3 not
for profit organization with a mission
to enhance, protect and preserve
Parks & Recreation in the Jackson
Community for future generations.

Board of Directors

President, Casey Latz
Vice President, Brian Mekka
Treasurer, TBD
Ex-Officio, Kelly Valentino
(Ex-Officio Secretary, Renee Fisher)

Meetings are typically held in
conjunction with Parks & Recreation
Committee Meetings.

Community Information

RESIDENT FEES

As of May 1, 2022 Town Residents must register as Non-Residents

Residents are persons who pay their property taxes directly to the Village Jackson. Non-resident fees will be denoted by an **NR** where the fees are listed throughout the guide.

CANCELLATIONS

If class size does not meet the minimum listed requirements, the class may be cancelled. If a cancellation occurs due to class size, you will be offered a full refund or a transfer to another class with the same fee. We will make every effort to combine classes to avoid cancellations.

SOCIAL MEDIA, VIDEO AND PHOTOGRAPH POLICY

During programs and events we will periodically take pictures or videos to use for publicity. By participating in events/programs, you understand you are giving us permission to be used in photos/and or videos in multi-media publications. If you do not want your picture/video taken or used in publications or advertisements, please let us know immediately when you see a Jackson Park & Rec Staff or Volunteer taking pictures or video.

**Special THANKS to
Mr. Rick Kaisler
for being our in-house
volunteer photographer**

GOT QUESTIONS? We Got Answers!

Check out the website for Jackson Parks & Recreation.

jacksonparkrec.recdesk.com

- *Easy Online Registration - having trouble? Call 677-9665
- *Quick to find information on programs and events
- *Screen Shot Mobil App! Register from your Smartphone!

ONLINE REGISTRATION

You may register for classes online at:

jacksonparkrec.recdesk.com.

All online registrations must be paid for by credit card or EFT through your checking account. All online registrations are subject to a convenience fee.

PARTNERSHIPS

The Jackson Parks & Recreation Department partners with other Park & Rec. Depts. and other organizations in providing cooperative programming. We're working together to bring you better programming at lower costs!

OOPPPS!

Although we try our best, occasionally there may be errors in our Activity Guide or Online. We appreciate your patience and understanding and we will make every effort to correct any mistakes.

REFUND POLICY LOCATED ON REG. FORM - PG. 43

The Jackson Area Community Center Emergency Guide is posted in each room, The full plan is available on our website for your review.

find us on
facebook



For Speedy Updates, Like and Follow Us on Facebook!
www.facebook.com/JacksonParkRec

JACKSON AREA COMMUNITY CENTER
Quick Reference Emergency Action Plan & Safety Guide
Jackson Parks & Recreation Department

Contact Information
JACKSON PARKS & RECREATION DEPT.
1655 W20830 HICKORY LAKE
JACKSON, WI 53037

Office (M-F 8am to 8pm, Sat. 8am - 11am) (262) 677-9665 x102
General Email: parkrec@villageofjackson.com
Fax: (262) 677-9642
Non Emerg. Police: (262) 677-4949
Non Emerg. Fire: (262) 677-3811
Village Hall: (262) 677-9001
Washington Co. Sheriff Dispatch: (262) 333-4411
Rec. Summer Hotline: (262) 677-9588



Revised 8/2019

Contacts

- Difficult Patron Policy
- Active Shooter Policy
- First Aid Equip./Bloodborne Pathogens
- Evacuation Locations - WBSD Com. Plan
- Emergency Procedures
- What To Do When the Alarm Goes Off
- After An Emergency
- Master JACC Building Diagram

JOIN THE INCLUSION REVOLUTION!

Special Olympics Wisconsin provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage and experience joy while participating in a sharing of gifts, skills and friendship with their families, Special Olympics athletes and the community.

For more information visit SpecialOlympicsWisconsin.org



Jackson Community Resources

HELPFUL COMMUNITY PHONE NUMBERS

In the case of an EMERGENCY always dial 911

| | | |
|--|---|--|
| Jackson Police - NON Emergency (262) 677-4949 | WeEnergies (800) 242-9137 | Washington County ADRC (262) 335-4497 |
| Jackson Fire Dept - NON Emergency (262) 677-3811 | West Bend School District (262) 306-4800 | Washington County Humane Society (262) 677-4388 |
| Washington Co. Sheriff - NON Emergency (262) 335-4411 | Jackson Elementary School (262) 335-5475 | Elevate - Resource Center (262) 677-2216 |
| Jackson VILLAGE HALL (262) 677-9001 | Badger Middle School (262) 335-5455 | Jackson Area Youth Baseball Assoc. (262) 674-8199 |
| Jackson TOWN HALL (262) 677-4048 | Silver Brook Middle School (262) 335-5509 | Jackson Area Youth Soccer Assoc. (414) 312-2244 |
| Village Public Works & Utilities (262) 677-0707 | West Bend High Schools (262) 335-5530/335-5570 | Digger's Hotline (800) 242-8511 |

WASHINGTON COUNTY SHARED RIDE TAXI: 1-888-285-TAXI (8294)



BE A PART OF THE "FRIENDS OF JACKSON PARKS & RECREATION"

We are looking for community minded individuals to help us make the Jackson Community parks, facilities and programs the best they can be! More importantly, we want to ensure that they are maintained and thriving for future generations!

Call us today at (262) 677-9665 or check out the website to get information on the "Friends Group". The Friends of Jackson Jt. Parks & Recreation is a 501-c3 nonprofit organization that operates solely through community members and their Board of Directors.

Become a part of something special and impactful today!



<https://jacksonfdwi.gov/personnel.html>

Like and follow us on Facebook!
www.facebook.com/JacksonParkRec



Community Center - Fitness Center/Gym

FITNESS CENTER MEMBERSHIPS

Affordable for Everyone! We have gift certificates that make great GIFTS all year long!

Yearly Resident Rates:

- *\$120.00 single
- *\$180.00 family
- *\$ 75.00 seniors and students
- *\$ 3.00 daily passes

*Monthly group equipment orientations are provided the 3rd Tues. and 3rd Sat. of each month with each membership to ensure you are getting the most out of your membership.

*Private/Personal Training sessions are also available by appointment. (Ask About Our Monthly Payment Plans)

General Fall/Winter Hours of Operation:

Mon.- Thursday 8am to 8pm

Fridays - **8am** to 6:30pm

Saturday **8am** to noon

*Please call during off hours. We may be open for rentals and then the Fitness Center is open as well!!!

GET ACTIVE, FEEL GREAT!



WELCOME Froedtert Employees, Silver Sneakers, One Pass, Silver & Fit and RenewActive

If your insurance company offers Silver Sneakers, One Pass, Silver & Fit or RenewActive, your fitness membership may be free! Inquire with your insurance company or at the JCC front desk.

Free Join the JPR Adult Independent Walking Club

You must register,

CODE: 3080



Jackson Area Community Center Gymnasium

Mon - Wed - Fri from 1pm to 3:00pm

Tues & Thurs from Noon to 1pm

The gym is open for self-directed independent walking. Children under 18 must be accompanied by an adult to participate in walking only. Closed dates will be posted. Please note: there may be times when several activities including walking are happening in the gym at the same time. For more information call (262) 677-9665. Max. 20



Personal Training Sessions Available

Gain the most out of training with a personalized workout developed just for you by an experienced and certified personal trainer! Functional & sport specific programs customized for you based on your goals, fitness level and health. These are 30-60 minute sessions at very reasonable rates. Call the Jackson Park and Rec. to schedule your appointment today! (262)677-9665.

OPEN GYM



BASKETBALL Saturdays

8am to Noon (Sept. - May)
Included in Fitness Center Membership

R:\$3.00/NR:\$5.00

Program Code:0010



VOLLEYBALL Fridays

7:30pm to 9:30pm (April & May Only)
Included in Fitness Center Membership

R:\$3.00/NR:\$5.00

Program Code:0010

Online Registration Procedures

EASY ONLINE REGISTRATION



Jackson Wisconsin
PARKS & RECREATION
"Making Our Community A Place To Call HOME!"



HOW TO SETUP YOUR INDIVIDUAL AND FAMILY PROFILE ON THE RECDESK COMMUNITY PORTAL

Easy Online Registration At:
jacksonparkrec.recdesk.com

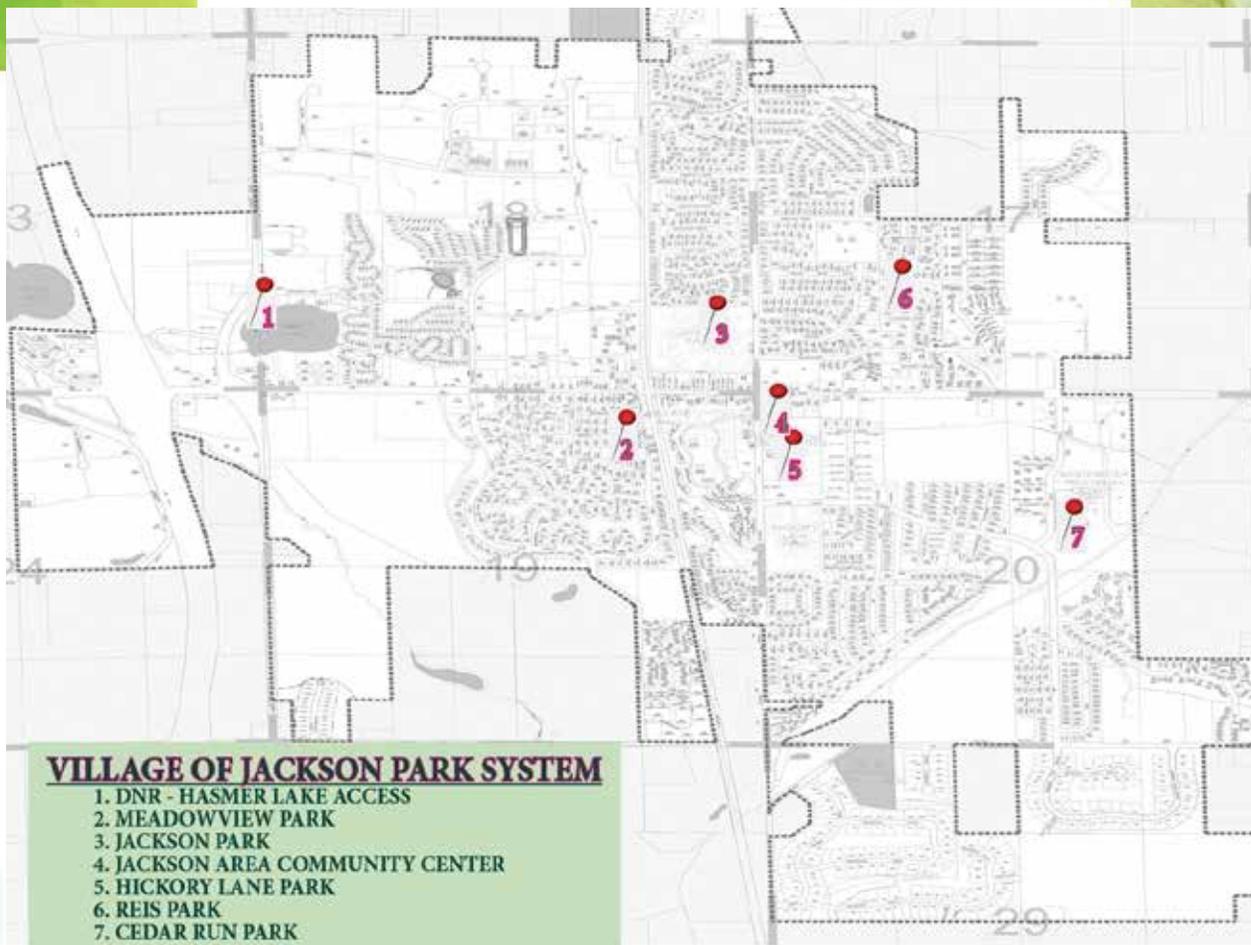


1. Click on the CREATE ACCOUNT button on the webpage to begin.
2. Fill out all fields and click SAVE to complete the Profile Setup Process.
3. Be sure to do this for ALL FAMILY MEMBERS who will be registering for or paying for (parents/guardians) programs. New family members can be added by going to your profile page and clicking the Add New Group/Family member link as shown to the right.



Please note, if at any time you have difficulty setting up your profile, just give us a call at (262) 677-9665 x102.

We are happy to help you through the process.



Friends of JPR - Glo Run & After Party!

Held in cooperation with the Jackson Fire Dept.

5K Family Run/Walk

GLO RUN

The more you run,
the more you **glo!**



OCTOBER 8, 2022

JACKSON, WISCONSIN

5k Run/Walk Reg. 5:30pm, Race 6:30pm
Live Band, Food/Beverage 6:00-8:30pm
Chili Cookoff 6:30-8:00pm

Location: **JACKSON AREA COMMUNITY CENTER**
N165 W20330 Hickory Lane, Jackson, WI 53037

**Chili Cookoff
Contest!**

Call The Park & Rec. To Enter!

\$20 - 12 years and older - until 9/19

\$10 - Under 12 (2 and under free) - until 9/19

\$50 - Family Package (2 adults and 2 children)
- until 9/19

INCLUDES:

T-SHIRT, MEDAL & GLO STATIONS
FREE AFTER GLO DANCE PARTY
DJ DANCE PARTY with GYM BLACK LIGHT DECOR
GREAT RAFFLE PRIZES!

(CHILI COOKOFF, CONCESSIONS, BEER, HARD
SELTZER & SODA AVAILABLE FOR PURCHASE)



www.facebook.com/JacksonParkRec

EASY
ONLINE REGISTRATION AT
jacksonparkrec.recdesk.com
or at the Jackson Area Community Center
(262) 677-9665

Proceeds Benefit: JPR & The Friends of Jackson Parks & Recreation.

The Friends are a 501(c)(3) Not For Profit Community Organization

Register NOW, registration prices increase on Tuesday, September 19 to:
Adults \$30, Child \$20 and Family \$70. Registrations received after
September 19 may not receive a t-shirt or medal. So, PLEASE register early!

For more information please call (262) 677-9665.

Spooktackular Halloween Events

The Jackson Community **TRICK OR TREAT** will take place as scheduled on **Sunday, October 30** from 5:30pm to 7:30pm for those wishing to participate.



Halloween Outdoor House Decorating Contest

Share your wicked ways and talents! Out-Boo your neighbors by entering the Jackson Community Outdoor Haunted House Decorating Contest! There is a \$5.00 entrance fee and pre-registration is required. The deadline for registration is Tuesday, Oct 20, 2022. Judging will be done on Thursday, October 27, 2022 between 5-7pm. The contest is open to Village of Jackson Residents only. A family can not win 2 consecutive years in a row. Registration is required to enter along with a \$5.00 entry fee. Winners will receive prizes and recognition. Maps will be available Friday, Oct. 28th at the Ghoul Gala event. **Winners will be displayed on a plaque at the JCC!**

2020 KUNZ FAMILY
2021 BUSTAMANTE FAMILY

CODE: 0035



JACKSON PARKS & RECREATION DEPARTMENT PRESENTS THE:

GHOUL GALA

Annual Family Halloween Party
FRIDAY, OCTOBER 28, 2022



6:30 to 8:00 pm at the JACKSON AREA COMMUNITY CENTER
(NO LONGER PRIOR TO TRICK or TREAT, which is Sunday, Oct. 30, 5:30-7:30pm)



Best Dressed Family Contest
winner will win a 2023 PRIVATE SPLASH PARK PARTY!
(No costume contest for the kids)



Maps for Halloween Outdoor
Decorating Contest will be distributed for families.



Game & Food tickets only .25 cent with fun prizes!
(Games & concessions range from .25 to \$2.00.)



Free Admission and Dance Party!



Great For All Ages!



BIG THANKS TO OUR SPONSORS



ACHIEVE BRAND
AWARENESS
With
CUSTOM APPAREL &
PROMOTIONAL PRODUCTS



Community Tree Lighting & More!



VILLAGE OF JACKSON CHRISTMAS TREE LIGHTING

Friday, December 2nd
5:30pm to 7:00pm

**SANTA & Photo Opportunities*

**Personalized Family Ornaments*

**Performances by: the Jackson Jingers, the JCC Youth Dancers, the JCC Early Learners, Kettle Moraine Echo's & More*



2022 PERSONALIZED ORANAMENTS

CODE: 0014

Order your personalized 2022 Village Tree Ornament to be displayed on the Village Tree. When the Tree comes down, your oranment will be at the JCC for pickup and you will have it for years to come! Just scan the QR Code on the right to order.



Community Outdoor House Decorating Contest

Who will be the most creative with their outdoor Christmas decorations this Holiday Season?? Join the best Community Decorating Contest around! Light up your homes and show us how much glitz and pizzazz you have! The registration deadline is Monday, December 10 and judging will be the evening of December 12. Contest open to Jackson Village & Town residents only. A family cannot win 2 consecutive years in a row. Registration is required to enter along with a \$5.00 entry fee. Winners will receive a Gift Certificate Compliments of Jimmy's in Jackson and other great prizes! Maps available Dec. 16th, at the Tree Lighting Event.

CODE: 0015



Congrats to the past winners, whose family name is displayed on a plaque at the JCC!

- 2008 ULICK FAMILY
- 2009 VOELZ FAMILY
- 2010 BLAND FAMILY
- 2011 KANNENBERG FAMILY
- 2012 SHALESKI FAMILY
- 2013 BARBIAUX FAMILY
- 2014 BERNAUL/KONZAL FAMILY
- 2015 TRAHAN FAMILY
- 2016 BARBIAUX FAMILY
- 2017 KUNSTEK FAMILY
- 2018 SHALESKI FAMILY
- 2019 VOELZ FAMILY
- 2020 SERIO/MANDELLA FAMILY
- 2021 BARBIAUX FAMILY
- 2022 THIS COULD BE YOU!

Community Events We Hope To Hold



ANNUAL COMMUNITY

EASTER EGG HUNT



Sponsored By
JACKSON PET HOSPITAL
FRIDAY, MARCH 31, 2023
6:00pm Sharp!

Jackson Park Shelter #1

This is a FREE family fun activity. Come visit the Easter Bunny and have a great time collecting goodies! There will be 4 age divisions up to age 12. The hunt begins at 6:00pm sharp, so don't be late. The bunny will be available for kids after the hunt.

Call (262) 677-9665 for more information.



Sponsored by:

JACKSON AUTO

21st Annual Scotty Schoen KIDS FISH DERBY



SATURDAY, MAY 6, 2023
8:30am to 10:30am

Code #0019

This event is open for kids of all ages to come and enjoy fishing with their family. Just bring your pole and bait. There will be goodie bags, fantastic prizes and FUN!!! Not only are there prizes for the longest fish! The derby will be held at the DNR Lake Hasmer Access just north of HWY 60 on HWY P in Jackson. Fishing licenses are not needed by participants 15 and under, but all older participants and adults fishing must have a valid fishing license.

All participants must be accompanied by a parent or guardian.

PARKING: There is NO PARKING on Hwy P - please park in the Park and Ride Lot on Apple Lane.

PRE-REGISTRATION is GREATLY encouraged to help us prepare for the event! There will be a special raffle prize only for those Pre-Registered. The deadline for Pre-Registration is April 27nd to qualify for the special raffle.

Thanks To:

WI DNR

Scout Troop #765

Paul Purgot

Ray & Jennifer Wolf



Pickleball Tourney & Village Rummage



JACKSON MUNICIPAL COMPLEX JFD, JPD & Administration OPEN HOUSE WEDS, OCT. 12TH 6 - 8 PM

Join the Village Administration, JPD and the Annual JFD Fire Prevention Open House! We have a

fun-filled evening planned with many exciting activities, including:

- Live Action Skit, Get-out-alive Smokehouse
- Flight-for-Life Helicopter, Auto Extrication Demonstration
- Try on firefighter gear, Fire Prevention Poster Winners display
- Fire Extinguisher Training, View Fire and EMS Vehicles
- Visit with Firefighters, Educational Materials
- Refreshments.....Tours of JPD, Administration and much more!

We look forward to seeing you!!



JACKSON VILLAGE-WIDE RUMMAGE SALE

SATURDAY, MAY 20

The Jackson Parks & Recreation Department has teamed up with the Jackson Travel Center to bring you the "JACKSON VILLAGE-WIDE RUMMAGE SALE"!

If you are planning on having a rummage you can sign up May 1 - 12 or FREE at the Jackson Area Community Center or Jackson Travel Center to have your virtual address listed on the Rummage Map. Maps will be available May 17. Rummage times are Saturday from approx. 8am - 5pm.

CODE: 0004 GET ON THE NEW DIGITAL GOOGLE MAP!

JACKSON JT. PARKS & RECREATION DEPARTMENT

Pickleball Tournament

Social Pickleball Tournament

DATE: **Saturday, April 22, 2023**

TIME: 8:00am - TBD

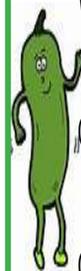
WHERE: Jackson Area Community Center

N165 W20330 Hickory Lane, Jackson WI 53037

COST: \$10.00 per player, 2 players per team

(team registration only)

CODE: #0018



Shoo the Flu and Pneumonia Too!

TUESDAY, OCTOBER 11th
12:00 to 2:00pm at the
Jackson Area Community Center

Flu Shoot Will Be High Dose. Walgreens will be at the Jackson Area Community Center to administer flu and/or pneumonia shots for persons ages 18 & older. Minors must be accompanied by a parent or guardian. APneumonia shots are only available through Medicare. Medicare (Part B); most Medicare Advantage Plans; and Medicaid (T19) accepted as payment with proof of coverage. (please call ahead for pneumonia shots to ensure we have enough on hand).

Out of Pocket Payments:

Flu: For 65 and under \$45.00

Flu: For those over 65 \$78.00



JPR Monte Carlo Night Fundraiser

Presented in conjunction with the "FRIENDS OF JACKSON JT. PARKS & RECREATION" a 501-c3 org.

AGES 21+
ONLY

11th

MONTE CARLO NIGHT

Saturday, February 25, 2023

At the Jackson Community Center

7:00 to 11:00pm

**Tickets include:
Appetizers and
Drink Tickets!**

**LIMITED
TICKETS
GET
YOURS
TODAY!**

Come out for a night of fun while supporting the Jackson Parks & Recreation Department! We couldn't do it without you!

Amazing lineup of games, live entertainment, food and refreshments including:

***REFRESHMENTS: FREE Drink Tickets;** Beer Assortment, White Claw, Mike's Lemonade, Water, Soda

***AWESOME: Silent Auction & Raffle**

***VEGAS ON WHEELS: Provides Professional** Poker, Black Jack, Craps, Roulette, & Bingo

***LIVE MUSIC - The New Revue!**

***FOOD: FREE Sample Apps:** Potato Bar & , Sweet Treats and more!

TICKETS:

\$20.00 until 2/24/2023

\$30.00 at the door

Reserve early - limited to 250 tickets to ensure "table time".

Each Ticket Includes:

Sample Appetizers and drink tickets, Live Music, Funny Money \$, Door Prize Ticket, Event Koozie, and More.....

**SPONSORS AND DONORS
NEEDED - PLEASE
HELP US SUPPORT THE
COMMUNITY!!!
Call (262) 677-9665**

2022 MONTE CARLO NIGHT SPONSORS

The Jackson Parks & Recreation Department would like to thank all the following businesses and individuals that made this year possible!

CORPORATE & MAIN SPONSORS

Kerry Foods & Cedar Corporation
FRIENDS OF JACKSON PARKS & REC.
SYSCO - SOUTHEASTERN WI.
JACKSON AUTO SERVICE
JEFF & CASEY LATZ
VILLAGE MART AMOCO
DESIGN 2 CONSTRUCT
BOYS & GIRLS CLUB

THANKS TO OUR CORPORATE SPONSOR



TABLE SPONSORS & \$200+ DONATIONS

Tom & Doreen Kruepke
Proforma
Jackson Moonlighters Snowmobile Club
Jackson Pub
Jimmy's Restaurant
B & L Graphic Solutions
Greater Jackson Business Alliance
Refractory Service, Inc.
COST of Wisconsin
Gremmer & Assoc.
Demsey Law Offices
Sabel Mechanical
Mulcahy Shaw Water
Pleasant Valley Pet Hospital
Hidden Glen Golf Club
Property Loss Management
Stillery
Kwik Trip
Vegas On Wheels

Acer Tree & Landscaping
Alfike Family
Beer Capitol
Bellame Products - Mary Kendgia
Bieri's Cheese
Bob Younger's Wood Artist
Buffalo Wild Wings
Casey Latz
Cedarburg Creek Farms
Challenger British Soccer
Chocolate Factory
Coffeeville of Jackson

Cousins of Jackson
Cranberry Creek Diva's
Culver's of Jackson
Dairy Queen
Dan & Peggy Aleksejevs
Dena's Specialty Chocolates
Erin Hills Golf Course
Fox Bros. Piggly Wiggly
Gehl Cheese
Gloria Telfke
Green Bay Packers
Healing Elements

Hampton Inn & Suites
Ives's On Main - Wendy Iverson
Jackson Soccer Club
Jeff & Bonnie Yanke
Ken & Sherry Jaeck
Mike & Ellen Keller
Mc Donald's
Milwaukee Admirals
Museum of Wisconsin Art
Papa Murphy's Pizza
Quilter's Guild - Ola Pfaff
Susan Rank

Pizza Ranch
Pizza Station
Sharon & Paul Schulteis
Sonya's Rose & Gifts
Subway of Jackson
S-N-S Synthetics - Seth Cooley
Texas Roadhouse
Timber Rattlers
Walgreens Pharmacies
Washington Co. Humane Society
West Bend Furniture & Design
WTKM - Dave & Connie Stout

Like and follow us on
Facebook!
[www.facebook.com/
JacksonParkRec](http://www.facebook.com/JacksonParkRec)



Community Events & Programs



LET'S START WITH A BOOK

Presented by The

Family Center of Washington County

Ages - Infant to 6 years old with their parents/guardians.

The Jackson Park & Rec. Dept. has teamed up with the Family Center of Washington County to offer this FREE instructional family class. Life can be busy, maybe you have been away from your child all day and want to reconnect, or are looking for a low key evening activity. Then join us for a relaxing evening of fun especially for you and your little one! Open play from 6-6:30pm. Promptly at 6:30pm we will start with a book. Pajamas encouraged. One book per family will be provided.

Location: JCC

Min. 4/Max. 10 CODE: 1001

| Sess. | Dates | Day | Time | Fee |
|-------|----------|-----|-------|------|
| 1 | Jan 25 | WED | 6-7pm | FREE |
| 2 | March 22 | WED | 6-7pm | FREE |

Registration Deadlines: Jan 20 and March 17.



HEALTH & WELLNESS WORKSHOPS

Presented by Advocate Aurora Health of Washington County

Advocate Aurora Health's mission is anything is possible when we apply our imaginations and knowledge toward our purpose of helping people live well. Jackson Parks & Rec and Advocate Aurora Health have teamed up to offer two amazing FREE Workshops at the Jackson Community Center. Pre-registration is required.

Location: JCC

CODE: 4022

| Sess. | Dates | Day | Time | Topic |
|-------|--------|-------|---------|--|
| 1 | Oct 20 | THURS | 10-11am | Diabetes and you |
| 2 | Mar 23 | THURS | 10-11am | Asking the right questions at the Doctors office |

The need is constant.
The gratification is instant.
Give blood.



American Red Cross

Tuesday, Nov. 23
Wednesday, Jan. 18, 2023
Wednesday, March 22
Wednesday, May 31
Wednesday, July 26
2023, Sept. 27
2023, Nov. 22

2pm to 6pm

For an appointment call
1-800-RED CROSS
(1-800-733-2767) or
redcrossblood.org

All Drives Held At The Jackson Community Center



VERSITI

BLOOD CENTER OF WISCONSIN

Thursday, Oct. 20
Thursday, Dec. 22
Thursday, June TBD, 2023
Thursday, Aug. 24, 2023
Thursday, Oct. 19, 2023
Thursday, Dec. 14, 2023

2pm to 6pm

For an appointment call
1-877-BE-A-HERO
(1-877-232-4376) or
www.bcw.edu

Infants - Preschool Development



PEE WEE TUMBLING

Ages 3-4

In this parent-child class, your toddler will have a blast learning basic tumbling and movement skills with fun, age-appropriate activities! Throughout this program, your toddler will have many opportunities to socialize with peers and improve balance, coordination, body awareness, strength and flexibility!

Location: JCC

Min 5/Max 12

CODE: 1013

| Sess. | Dates | Day | Time | Fee |
|-------|--------------|------|----------|-------------|
| 1 | March 7 - 28 | TUES | 6-6:45pm | \$30/NR\$45 |

TINY TOTS SPORTS SPECTACULAR

Ages - 2 to 4

Come and enjoy fun, age-appropriate activities designed to introduce toddlers to basketball, soccer, t-ball, mini golf, tennis and bowling. Participating in exciting sports specific activities will help toddlers improve eye-hand/foot coordination, agility, balance and overall physical fitness. Toddlers will also have many opportunities to practice taking turns and following directions. An adult is **REQUIRED** to remain with the child and is encouraged to participate as desired.

Location: JCC

Min. 5/Max. 11

CODE: 1017

| Sess. | Dates | Day | Time | Fee |
|-------|------------|------|------------|-------------|
| 1 | Jan 3 - 24 | TUES | 6-6:45pm | \$30/NR\$45 |
| 2 | Feb 4 - 25 | SAT | 10-10:45am | \$30/NR\$45 |



MOVEMENT & MUSIC

Ages 9 months to 2 Yrs.

This class combines songs, music, and motor activities to create fun-filled opportunities for your child. Young toddlers will be able to participate in a variety of movement experiences (rolling, sliding, crawling, climbing, kicking, tossing, catching, etc.) while interacting with their peers. A parent or caregiver should come ready to play along too!

Location: JCC

Min. 5/Max. 11

CODE: 1005

| Sess. | Dates | Day | Time | Fee |
|-------|------------|-----|----------|-------------|
| 1 | Jan 7 - 28 | SAT | 9-9:45am | \$30/NR\$45 |
| 2 | Feb 4 - 25 | SAT | 9-9:45am | \$30/NR\$45 |

2022-2023 JPR/WBSD 3K

3K - TIME FOR TOTS

For Ages 3-5

This new pre-school program in cooperation with the West Bend School District, is designed to provide your child with a positive place to learn and grow through education & creative play. All children are exposed to a safe and nurturing environment with caring staff. Each session includes a weekly common theme with corresponding stories, art projects and educational material. This program is perfect for preparing your child for the WBSD 4k Program at JCC and the beginning of their academic journey.

Instructors: Tricia Lane, WBSD & Amanda Aleithe, WBSD.

Location: JCC CHILDREN MUST BE FULLY TOILET TRAINED.

Min. 3/Max. 6

| Sess. | Dates | Day | Time | Fee | Code |
|-------|------------------------|--------|----------------|---------------|------|
| 1 | Sept - May Days TBA | T & TH | 9:30 - 11:30am | \$720/NR\$770 | 1023 |

Start Days and No Class Days will follow the WBSD Early Learning Calendar once approved. Ask about our discount for multiple children.



*There is a \$20 Late Pickup charge for every 15 minutes after the program end time.

REGISTER: Online, In Person, Drop Box or Mail
Questions Call (262) 677-9665
jacksonparkrec.recdesk.com

REGISTRATION DEADLINE IS:
1 week prior to the start date of each session.
Please be prepared to show Birth Certificate at the time of registration.
Kiddo's turning 3, new to Jackson or completing Potty Training may begin mid session at a weekly pro-rated rate.
***Payments can be made in 2 installments if requested.**

Preschool Learning



JCC 4K FOR THE 2023-2024 SCHOOL YEAR

The West Bend School District has partnered with the Jackson Parks & Recreation Department/ Jackson Community Center (JCC) to offer a high-quality, community-based 4K experience that emphasizes active learning for all four year-olds. Contact Kelly Valentino if you have questions or to setup a tour at: kvalentino@wbsd-schools.org

The WBSD community-based 4K Program is offered at no cost to families who live in the West Bend School District attendance area. What makes this partner program so special:

- ☺ The **JCC accepts kiddo's from GERMANTOWN, CEDARBURG and SLINGER School Districts** through open enrollment!
- ☺ The JCC has one of the largest and most inclusive classroom sites in the District!
- ☺ JCC 4K program is taught by certified teachers enhanced by outstanding support staff.
- ☺ The community-based 4K program promotes early reading and math skills, language development, and social/emotional growth, all taught through PLAY!
- ☺ At the JCC, 4K families will engage in amazing community events, JPR programs, fitness center discounts and so much more!
- ☺ The JCC offers morning and afternoon classes, that fill quickly so register soon through the WBSD.
- ☺ Your Child's educational journey will be off to an amazing start with the warm and welcoming environment that the JCC provides!

A 4K PARENT INFORMATION NIGHT WILL BE HELD IN JANUARY.
Come check us out - we would love to serve you!

Jackson Park & Rec. 2023

SUMMER MORNING TOT TIME PROGRAM

Min. 8/Max. 30

4k Readiness & Socialization at a Great Price!



For Ages 3-5

One of our most popular programs, designed to provide your child with a positive place to learn and grow through education & creative play. All children are exposed to a safe and nurturing environment with caring staff. Each session includes a weekly common theme with corresponding stories, art projects and educational material. **You can't beat this high quality low cost program.** This program is perfect for preparing your child for the WBSD 4k Program at JCC.

Lead Instructor; Angie Jeske and Assistant Aubree Jeske

CHILDREN MUST BE TOILET TRAINED.

2023 SUMMER SESSION June 12 - August 10

Location: Jackson Community Center
Min. 8/Max. 30 CODE: 1004

| Sess. | Dates | Day | Time | Fee |
|-------|-------------------|------|--------------|---------------|
| 1 | June 12-August 10 | M-TH | 8:30-10:30am | \$320/NR\$400 |
| 2 | June 12-August 10 | M-TH | 11:00-1:00pm | \$320/NR\$400 |

Sessions/Classes may be combined due to enrollment

Fee for 2nd resident sibling is \$160.00.

NO CLASS July 3 - July 7, class resumes July 10



*There is a \$25 Late Pickup charge for every 15 minutes after the program end time.



REGISTRATION DEADLINE: Monday, June 5

Please be prepared to show Birth Certificate at the time of registration. Kiddo's turning 3, new to Jackson or completing Potty Training may begin mid session at a weekly pro-rated rate.



REGISTER: Online, In Person, Drop Box or Mail
Questions Call (262) 677-9665 or email parkrec@villageofjacksonwi.gov
check the website at: jacksonparkrec.recdesk.com

Preschool Sports & Art with a Heart



Peeeeeee Weeeeee Sports & More!

Our Pee Wee Sports Program gives children ages 3-5 and their parents, the opportunity to explore the world of sports with a step by step approach to make sports fun. The instructor teaches proper techniques and teaching hints to help parents be

Instructor: Karie Gerke has a Masters Degree in Physical Therapy. She has over 10 years of experience working with parents, children and infants as a pediatric physical therapist.



PEE WEE BASKETBALL

Ages 3-5

You and your child will work on the basic concepts of passing, dribbling and shooting in this innovative class using miniature basketballs and lowered hoops. Each week new skills will be taught through games and play.

Location: JCC

Min. 8/Max. 15

CODE: 1006

| Sess. | Dates | Day | Time | Fee |
|-------|------------|------|-----------|-------------|
| 1 | Oct 4 - 25 | Tues | 6-6:45 pm | \$30/NR\$45 |

PEE WEE T-BALL/BASEBALL BASICS

Ages 3-5

Your child will learn the basics of how to hit, throw, catch and run using our Koosh balls and softer bats. Your child will get the best 1-on-1 instruction from the best teacher -YOU! **PARTICIPANTS MUST BRING GLOVE.**

Location: Hickory Lane Park

Min. 8/Max. 15

CODE: 1010

| Sess. | Dates | Day | Time | Fee |
|-------|------------|------|-----------|--------------|
| 1 | Apr 4 - 25 | TUES | 6-6:45 pm | \$30/NR \$45 |



PEE WEE TENNIS

Ages 4-6

This program will spark an interest for tennis in your little one! Lower nets and softer/slower balls will

plant the seeds of learning skills, techniques, terms and sportsmanship. Our #1 rule is: HAVE LOTS OF FUN!!

*****Students must bring their own beginner racket.**

Location: JCC

Min. 8/Max. 15

CODE: 1011

| Sess. | Ages | Dates | Day | Time | Fee |
|-------|------|-------------|------|----------|-------------|
| 1 | 5 | Nov. 1 - 22 | TUES | 6-6:45pm | \$30/NR\$45 |



ART WITH A HEART

Ages 4-5

This class is a GREAT introduction to painting on canvas and to learn basic art skills and techniques for your young artist. This instructional class is designed for kids that may have no experience in painting to those that have a lot. We will be creating a unique painting each week together, so get your art gallery ready at home! One of the best parts of this class is that your child will have their own masterpiece to take home each week. This class is taught by Sonya Behan, MSW who has taught children and adults the basics of art over the past 20 years, while empowering them to find their own unique style.

Be sure to wear clothes that you don't mind your young artist getting paint on. All supplies for this class are provided for this 4 week series.

Location: JCC

Min. 5/Max. 10

CODE: 2018

| Sess. | Dates | Day | Time | Fee |
|-------|------------------|-----|--------|-------------|
| 1 | Oct 8 - 29 | SAT | 9-10am | \$40/NR\$60 |
| 2 | Feb 11 - March 4 | SAT | 9-10am | \$40/NR\$60 |

Youth Enrichment - Art and Cooking



ADVENTURES IN ART

Ages 6-8

This instructional class is all about taking an adventure! Whether it is traveling back

in time to learn about famous artists and their favorite ways of creating art, exploring fun ways to make art out of recyclable materials, or applying basics art skills and techniques to find new ways to express yourself. There is always lots of fun and laughter! This class is taught by Sonya Behan, MSW who has taught children and adults the basics of art over the past 20 years, while empowering them to find their own unique style.

Be sure to wear clothes that you don't mind your young artist getting paint on. All supplies for this class are provided for this 4 week series.

Location: JCC

Min.6/Max. 11 No Class: November 24th

CODE: 2009

| Sess. | Dates | Day | Time | Fee |
|-------|-----------------|-----|--------|-------------|
| 1 | Nov. 3 - Dec. 1 | TH | 6-7 pm | \$40/NR\$60 |
| 2 | Mar 2 - 23 | TH | 6-7 pm | \$40/NR\$60 |

INTRO TO CARTOONING

Ages 7-16

****NEW**

LESSONS each time!

Author and Artist, Greg Reich is back for another season of **CARTOONING LESSONS.**

Learn Manga, Anime, Super heros, and even Classic cartoon styles in these action packed lessons. New lessons are taught with each season - so register for them all! Mr. Reich will bring his creative, and humorous lessons on how to draw today's cutting edge cartoon characters to life on the drawing board for the young artist.

**Students must purchase and bring their own 9x12 sketch book and pencils.*

Location: JCC

Min.4/Max. 11

CODE: 2010

| Sess. | Dates | Day | Time | Fee |
|-------|-------------|-----|--------|-------------|
| 1 | Sept 8 - 29 | TH | 6-7 pm | \$25/NR\$38 |
| 2 | Oct 6 - 27 | TH | 6-7 pm | \$25/NR\$38 |



MOMMY & ME TOTS IN THE KITCHEN

Ages 3-6 & PARENT

Does your preschooler love to 'help' in the kitchen? In this instructional class we will bring you and your child into the kitchen and teach them to make fun, simple foods, kitchen safety, as well as how to measure ingredients. We will finish each class with a tasting of our treats!

Location: JCC

Min. 5/Max. 6

CODE: #1018

***Price of class includes 1 child and 1 adult.**

| Sess. | Dates | Day | Time | Fee |
|-----------------|-----------------|-------|----------|-------------|
| 1 | Jan 26 - Feb 16 | THURS | 6-6:45pm | \$30/NR\$45 |
| No Class Feb. 2 | | | | |

QUALITY TIME IN THE KITCHEN (Child & Parent)

Ages 7-12

Come join us in this new, FUN instructional class that will give parents quality time

with their children and a chance to learn something new together! We will bring you and your child into the kitchen and teach them to make fun, simple foods, kitchen safety, as well as how to read and follow recipes.

Location: JCC

Min.5/Max. 6

CODE: 2047

| Sess. | Ages | Dates | Day | Time | Fee |
|-------|------|----------------|-----|----------|-----------------|
| 1 | 7-12 | Jan 23 - Feb 6 | MON | 6-7:30pm | \$40/ NR\$60 |

****Price of class is for 1 child and 1 adult. Cost for Extra Child is \$30.**

Registration Deadline: Jan. 16



Easy Online Registration At:
jacksonparkrec.recdesk.com

Youth Piano, Voice & Mad Science

PIANO LESSONS

Ages 6 thru Adult

These instructional piano lessons are for both the beginning piano student and the student who wants to increase their skills. Students will learn note identification, rhythm and playing their very first songs. Sessions are a half hour in length, once a week, for 4 weeks.

* Lessons are available **Every Half Hour** beginning at 4:30pm and the last appointment at 7:00pm

* Please call Renee at (262) 677-9665 to schedule your lessons.

* MAX of 1 student per 1/2 hour session - NO exceptions.

* **Students will need to purchase the lesson book the first week of class from the instructor.**

Location: JCC CODE: 2019

| Sess. | Dates | Day | Time | Fee |
|-------|--------------------|---------------|-------|--------------|
| 1 | Oct 4 - 27 | TUES or THURS | 6-8pm | \$75/NR\$115 |
| 2 | Nov 8 - Dec 8 | TUES or THURS | 6-8pm | \$75/NR\$115 |
| 3 | Jan 10 - Feb 2 | TUES or THURS | 6-8pm | \$75/NR\$115 |
| 4 | Feb 14 - Mar 9 | TUES or THURS | 6-8pm | \$75/NR\$115 |
| 5 | March 14 - April 6 | TUES or THURS | 6-8pm | \$75/NR\$115 |
| 6 | April 11 - May 4 | TUES or THURS | 6-8pm | \$75/NR\$115 |
| 7 | May 9 - June 1 | TUES or THURS | 6-8pm | \$75/NR\$115 |



THE SCIENCE OF SLIME

Brought to you by Mad Science

Ages 5-12

Jr. Scientists will mix, brew and mush up several batches of slime. That's right, this 1 day camp is all about creating gooey globs of fun, better known as slime. With the help of the instructors, Jr. Scientists will get to whip up several different slime recipes and spend the day learning about polymers. Glitter Slime, Glow In the Dark Slime, Orb Slime, the possibilities are endless as kids experiment at our Slime Bar and create 3 different kinds of polymers. Jr. Scientists will also test their slime creations in a series of fun games and activities known as the Slime Olympics.

NOTE: Please bring your own lunch, water bottle & snacks. (No peanut products please)

Location: Slinger Village Community Room, 218 Slinger Rd. (DPW) Slinger, WI

Min. 5/Max. 10 **CODE: 2068**

| Sess. | Dates | Day | Time | Fee |
|-------|--------|-----|-------------|--------------|
| 1 | Jan 20 | FRI | 8:30-4:30pm | \$90/NR\$135 |

Registration Deadlines: Jan 12



ROBOT INVASION!!!!

Brought to you by Mad Science

Ages 5-12

Explore the basic and complex technology used to design and build robots. Discover how machines and robots work and how they make our lives easier. Learn about simple circuits, motor principles, and make your own robot hand to take home. Jr. Scientists will love experimenting with

the many robots we bring along!

NOTE: Please bring your own lunch, water bottle & snacks. (No peanut products please)

Location: Slinger Village Community Room, 218 Slinger Rd. (DPW) Slinger, WI

Min. 5/Max. 10 **CODE: 2070**

| Sess. | Dates | Day | Time | Fee |
|-------|--------|-----|-------------|--------------|
| 1 | Dec 28 | WED | 8:30-4:30pm | \$90/NR\$135 |

Registration Deadline: Monday, Dec 19



Youth Dance & Martin Skills Camps



SUMMER & FALL JUST DANCE

Classes for Ages 2-11

The Jackson Parks & Rec Department has teamed up with Marissa Rubino to provide an amazing dance program for the the Jackson Community.

Marissa's expectation is that everyone has fun and enjoys dance. Her love for dance is overwhelming and she is excited to share her passion for dance to your children.

MIN 5/MAX 15 PER CLASS

CLASS UNIFORM: T-shirt & Recital is included in the price of the class

PERFORMANCE DATES: Times and Details TBA. **NO CLASS Nov. 23**

LOCATION:
JCC, Dance Studio

Pre-Ballet

In This fun-filled creative movement class, dancers will be challenged through a variety of games, activities and exercises to improve eye-hand coordination, flexibility and confidence! Dancers will learn a short routine and work on a variety of skills including skipping, hopping, weight changes and more! This intro class develops rhythm, balance, and coordination. Students must purchase their own ballet shoes.

**** PARENTS MUST STAY WITH CHILD FOR THE 2-3 AND 4-6 YEAR OLD CLASSES.**

| Sess. | Age | Dates | Day | Time | Fee | CODE# |
|-------|-----|------------------|-----|-------------|------------------|-------|
| 1 | 2-3 | Sept 21 - Nov 30 | WED | 5:15-5:45pm | \$100/NR\$150 | #2014 |
| 2 | 2-3 | Jan 11 - Mar 15 | WED | 5:15-5:45pm | \$100/NR\$150 | #2014 |
| 3 | 2-3 | Apr 5 - June 7 | WED | 5:15-5:45pm | \$100/NR\$150 | #2014 |
| | | | | | | |
| 1 | 4-6 | Sept 21 - Nov 30 | WED | 5:45-6:15pm | \$100/NR\$150 | #2015 |
| 2 | 4-6 | Jan 11 - Mar 15 | WED | 5:45-6:15pm | \$100/NR\$150 | #2015 |
| 3 | 2-3 | Apr 5 - June 7 | WED | 5:45-6:16pm | \$100/NR\$150.00 | #2015 |



Hip Hop & Jazz

Dancers will learn jazz & hip hop technique while learning a short routine. Through this class, dancers will develop dance technique and improve on memory, coordination, balance and core strength.

| Sess. | Age | Dates | Day | Time | Fee | CODE# |
|-------|------|------------------|-----|----------|---------------|-------|
| 1 | 6-11 | Sept 21 - Nov 30 | WED | 6:15-7pm | \$100/NR\$150 | #2017 |
| 2 | 6-11 | Jan 11 - Mar 15 | WED | 6:15-7pm | \$100/NR\$150 | #2017 |
| 3 | 6-11 | Apr 5 - June 7 | WED | 6:15-7pm | \$100/NR\$150 | #2017 |

Easy Online Registration at:
jacksonparkrec.recdesk.com



These instructional Skill Development classes will be taught by Coach Chris of Martin Skills Academy. Coach Chris uses a mix of classic, time-tested training methods with the most up-to-date techniques to help athletes reach their goals.

AGES 8-17

MIN 5/MAX 11 per class

LOCATION: JCC Gym

No Class: Nov.25 & March 10

Youth Football Skills

CODE: 2057

Join this session to develop your football skills. Some of the skills that we may learn include: Stance & Start, Passing, Blocking, Catching, Route running & ball security.

| Sess. | Age | Dates | Day | Time | Fee |
|-------|-------|---------------|--------|-------|--------------|
| 1 | 8-12 | Nov 4 - Dec 2 | FRIDAY | 6-7pm | \$70/NR\$105 |
| 2 | 13-17 | Nov 4 - Dec 2 | FRIDAY | 7-8pm | \$70/NR\$105 |

Youth Basketball Skills

CODE: #2060

Join this session to develop your basketball skills. Some of the skills that we may learn include: Shooting, Rebounding, Offensive Footwork, Post Play, Ball-Handling, Passing, Defense & Agility, and Transition.

| Sess. | Age | Dates | Day | Time | Fee |
|-------|-------|------------|--------|-------|--------------|
| 1 | 8-12 | Jan 6 - 27 | FRIDAY | 6-7pm | \$70/NR\$105 |
| 2 | 13-17 | Jan 6 - 27 | FRIDAY | 7-8pm | \$70/NR\$105 |

Youth Baseball Skills

CODE: #2063

Join this session to develop your baseball skills. Some of the skills that we may learn include: Throwing/Catching, Infield, Outfield, Pitching, Hitting & Baserunning.

| Sess. | Age | Dates | Day | Time | Fee |
|-------|-------|--------------|--------|-------|--------------|
| 1 | 8-12 | March 3 - 31 | FRIDAY | 6-7pm | \$70/NR\$105 |
| 2 | 13-17 | March 3 - 31 | FRIDAY | 7-8pm | \$70/NR\$105 |



Easy Online Registration at:
jacksonparkrec.recdesk.com



Youth Enrichment - Magic & LEGO's



LEARN MAGIC WITH GLEN GERARD!

Ages 8-17

(parent/guardian/grandparent may register as long as they have a child registered)

Join Professional Magician Glen Gerard as he teaches stunning magic tricks that you can perform with items found

around the home. Students will learn sleight of hand, misdirection and showmanship. Fool your friends and family with magic and be a hit at any event! Glen Gerard has performed on cruise ships and in both Branson, MO and Las Vegas, NV.

Location: JCC

Min. 3/Max. 10

CODE: 2080

| Sess. | Dates | Day | Time | Fee |
|-------|---------|-----|---------|-------------|
| 1 | Nov. 14 | MON | 6 - 7pm | \$20/NR\$30 |
| 2 | Mar. 27 | MON | 1 - 2pm | \$20/NR\$30 |

Registration Deadlines: Nov. 8 & Mar. 21

WEDNESDAY NIGHT STORYTELLING



Presented by the Germantown Library

Ages 2-6 years

The Jackson Park & Rec. has teamed up with the Germantown Library to offer Wednesday Night

StoryTelling. This is a FREE instructional family class. Join us for a variety of stories, crafts and activities. If you don't have a library card you will be able to sign up for one....

Location: JCC

Min. 4/Max. 15

CODE: 1002

| Sess. | Dates | Day | Time | Fee |
|-------|--------|-----|-------|------|
| 1 | Feb 15 | WED | 6-7pm | FREE |
| 2 | Apr 12 | WED | 6-7pm | FREE |
| 3 | May 17 | WED | 6-7pm | FREE |

LEGO Mania

Instructed by Computer Explorers

Ages 7-12

Calling all LEGO fans! LEGO Mania will satisfy that need to build the biggest, coolest, most complicated project that you could ever imagine. With over 1,000,000+ LEGO pieces available to construct your individual or group projects - the possibilities are endless. Instructional and free build projects will be offered daily to ensure that every student is challenged and meets their own personal building goals. This class produces extremely imaginative and outstanding projects every time!

Location: JCC

Min. 8/Max. 11

CODE: 2013

| Sess. | Dates | Day | Time | Fee |
|-------|---------|-----|----------------|-------------|
| 1 | March 4 | SAT | 12:15 - 3:15pm | \$60/NR\$90 |



Technology Trio NEW

Instructed by Computer Explorers

Ages 7-12 years

In this exciting Technology Thriller, students will have the option to rotate thru three different programs in this three hour action packed class. Think Lego, WeDo Robotics, Animated Movie Making, LEGO Motorized Data kits, Gears, Gear & Gears, Coding projects and much more. This is a great way to experiment with some of the newest Technology tools available.

Location: JCC

Min. 8/Max. 15

CODE: 2070

| Sess. | Dates | Day | Time | Fee |
|-------|---------|-----|----------|-------------|
| 1 | March 4 | SAT | 9am-Noon | \$60/NR\$90 |

Youth Social & Safety, and Babysitting

SLICE of ART

Ages 9-17

This class is designed to explore not just the basics of art skills and techniques, but offers your young artist an opportunity to build confidence, self-esteem, skills, their imagination and develop a healthy self-evaluation of their work. In this instructional class they will journey through time to learn about other famous artists and their techniques, learn the impact that art has in our everyday life and complete pieces that will challenge and inspire them to keep creating. Art creations have often included: Impressionism, Cubism, Mixed Media, Logo Design, and Mandalas. This class is taught by Sonya Behan, MSW who has taught children and adults the basics of art over the past 20 years, while empowering them to find their own unique style.



Be sure to wear clothes that you don't mind your young artist getting paint on. All supplies for this class are provided for this 4 week series.

Location: JCC

Min. 5/Max. 11

CODE: 2061

| Sess. | Dates | Ages | Day | Time | Fee |
|-------|----------------|-------|-----|----------------|-------------|
| 1 | Oct 8 - 29 | 9-12 | SAT | 10:30am - Noon | \$65/NR\$92 |
| 2 | Feb 11 - Mar 4 | 9-12 | SAT | 10:30am - Noon | \$65/NR\$92 |
| 1 | Oct 8 - 29 | 13-15 | SAT | 12:30 - 2:00pm | \$65/NR\$92 |
| 2 | Feb 11 - Mar 4 | 13-15 | SAT | 12:30 - 2:00pm | \$65/NR\$92 |
| 1 | Oct 8 - 29 | 16-17 | SAT | 2:30 - 4:00pm | \$65/NR\$92 |
| 2 | Feb 11 - Mar 4 | 16-17 | SAT | 2:30 - 4:00pm | \$65/NR\$92 |

SMART SITTERS BABYSITTING BASICS

Ages 11-13

This babysitting certification course is created especially for kids and teens ages 11 and up who are interested in becoming babysitters. Taught in full compliance with the most up to date American of Pediatrics and American Safety & Health Institute curriculums, this course includes safety, basic childcare, strategies to plan ahead to avoid the most common baby-sitting problems, as well as guidelines for building strong lasting relationships with your clients. Curriculum Development for Smart Sitters was developed by Dr. R. Shannon Duval, PHD. Sonya Behan, MSW will be instructing this class.

Location: JCC

Min.4/Max. 11

CODE: 2021

| Sess. | Dates | Day | Time | Fee |
|-------|--------|-----|----------------|-------------|
| 1 | Nov 12 | SAT | 8:30 - 11:30am | \$50/NR\$75 |
| 2 | Mar 18 | SAT | 8:30 - 11:30am | \$50/NR\$75 |
| 3 | MAY 13 | SAT | 8:30 - 11:30am | \$50/NR\$75 |



RED CROSS BABYSITTER'S TRAINING COURSE



**American
Red Cross**

Ages 11+

This instructional course trains students how to supervise children in the absence of parents or guardians. The students learn safety, leadership and how to handle challenges. First aid along with lifesaving techniques for bleeding and breathing emergencies will be taught. The fee includes books and supplies.

Location: Hartford Recreation

Center

Min. 1/Max. 2

CODE: 2020

| Sess. | Dates | Day | Time | Fee |
|-------|--------|-----|----------|--------------|
| 1 | Nov 12 | SAT | 8:30-3pm | \$75/NR\$112 |

****DEADLINE for registration is 1 week prior to class!**

Like and follow us on Facebook!
[www.facebook.com/
JacksonParkRec](http://www.facebook.com/JacksonParkRec)



***Please bring a bag lunch**

Youth Enrichment

2022/2023 TRYOUTS



| | | |
|---|--|--------------|
| ATHLETE INFO MEETING & TRYOUT PRE-REGISTRATION | SEP 28 - 14 & Under NOV 9 - 15 & Up | 7PM @ ATC |
|---|--|--------------|

| | | | |
|------------------|-------|---------------|----------------------|
| 11U + 12U | OCT 1 | 1:30p - 3:30p | ALL POSITIONS |
| | OCT 2 | 7:30a - 9:00a | |
| | OCT 4 | 5:30p - 6:30p | |

| | | | |
|------------|-------|-----------------|----------------------|
| 13U | OCT 1 | 10:30a - 12:30p | ALL POSITIONS |
| | OCT 2 | 9:30a - 11:00a | |
| | OCT 4 | 7:00p - 8:00p | |

| | | | |
|------------|-------|----------------|----------------------|
| 14U | OCT 1 | 7:30a - 9:30a | ALL POSITIONS |
| | OCT 2 | 11:30a - 1:00p | |
| | OCT 4 | 8:30p - 9:30p | |

| | | | |
|------------|--------|---------------|----------------------|
| 15U | NOV 12 | 7:30a - 9:30a | ALL POSITIONS |
| | NOV 13 | 1:00p - 2:30p | |
| | NOV 15 | 8:30p - 9:30p | |

| | | | |
|------------|--------|-----------------|----------------------|
| 16U | NOV 12 | 10:30a - 12:30p | ALL POSITIONS |
| | NOV 13 | 3:00p - 4:30p | |
| | NOV 15 | 7:00p - 8:00p | |

| | | | |
|------------------|--------|---------------|----------------------|
| 17U + 18U | NOV 12 | 1:30p - 3:30p | ALL POSITIONS |
| | NOV 13 | 5:00p - 6:30p | |
| | NOV 15 | 5:30p - 6:30p | |

| | | | | | |
|---------------|-----------------|----------------|-----------------|---------------|---------------|
| NOV 19 | 15-1 | 8:00a - 9:30a | 15-1 | 2:00p - 3:30p | |
| | 17-1 | 9:30a - 11:00a | 14-1 | 3:30p - 5:00p | |
| | UNIFORM FITTING | 15-1 | 11:00a - 12:30p | 15-1 | 5:00p - 6:30p |
| | TEAM MEETINGS | 15-2 | 12:30p - 2:00p | 11-1 | 6:30p - 8:00p |
| | | | | | |



TO REGISTER:
 1.) Attend the informational meeting
 2.) Sign-Up PRIOR via sports engine at adversitywisconsin.org

EMPOWERMENT

Ages 7-10

Give your child the gift of being able to stand up for themselves. In this instructional class through discussions, games & team building exercises we will work on sportsmanship, respect, conflicts, listening and emotions like anger. Is your child aggressive or passive? Our end goal is to be assertive.

Location: **Slinger Community Rm.**
220 Slinger Road
Enter by DPW Garage, near north side of Library

Min. 2/Max. 5 **CODE: 2065**

| Sess. | Dates | Day | Time | Fee |
|-------|-------|-----|-------|-------------|
| 1 | TBD | TH | 6-7pm | \$20/NR\$35 |

SOCIAL SMARTS

Ages 5-8

Your child's self-esteem will soar as they work on manners, social skills and learning responsibility through team exercises & games. They will learn to win & lose gracefully, how to deal with their emotions and feelings, know when & how to be constructively assertive and how to show respect to themselves and others.

Location: **Slinger Community Rm.**
220 Slinger Road
Enter by DPW Garage, near north side of Library

Min. 2/Max. 5 **CODE: 2064**

| Sess. | Dates | Day | Time | Fee |
|-------|-------|-----|-------|-------------|
| 1 | TBD | WED | 6-7pm | \$30/NR\$45 |

STAY HOME ALONE

Ages 8-12

Put your mind at ease as your child gains independence and self confidence. This class will guide your child through all the stages of staying safe from being out in the community, getting home safe and all the safety tips while home alone. Topics covered are stranger dangers, buddy system, dangers of the internet, 911, basic first aid, fire safety and much more!

Location: **Slinger Community Rm.**
220 Slinger Road
Enter by DPW Garage, near north side of Library

Min. 2/Max. 5 **CODE: 2069**

| Sess. | Dates | Day | Time | Fee |
|-------|-------|-----|---------|-------------|
| 1 | TBD | M&W | 6 - 7pm | \$30/NR\$45 |

Youth Basketball & Archery

ANNUAL YOUTH FREE THROW CONTEST

Saturday, February 11
at the Jackson Community Center Gym

Presented by:
West Bend Optimist Club
Jackson Parks & Recreation
WPRA - Region IV

FREE PROGRAM!

Do you think your free throw shots are something to talk about? Are you up for a fun event? No matter the case, this FREE THROW CONTEST is for you! All contestants must be in 3rd through 6th Grade with each grade and gender competing in their own division. The finalists from each division will qualify for the Southeastern Wisconsin Free Throw Championships at West Allis Central High School (date to be announced). Get practicing JACKSON - it's time to bring home the trophy!

REGISTRATION IS REQUIRED by Feb. 4 2022.

3rd grade: 9-10am

4th grade: 10-11am

5th & 6th grade: 11am to Noon

CODE: #0020



LITTLE SHOOTERS YOUTH BASKETBALL

Ages 6-8

Learn skills, drills and fundamentals in this instructional program. The focus will be on introducing youngsters to the sport of basketball and sportsmanship. Help your children to learn a healthy lifestyle with more socialization and exercise!

Location: JCC

Min. 8/Max. 15

CODE: #2036

| Sess. | Dates | Day | Time | Fee |
|-------|----------------|-----|----------|-------------|
| 1 | Feb 7 - Feb 28 | TUE | 6-6:45pm | \$30/NR\$45 |



INDOOR YOUTH ARCHERY LESSONS

Presented By: Slinger Police Department

Ages 6-14

Learn the basic fundamentals and techniques of archery no matter your experience level. The bows and arrows will be supplied but you may bring your own. These classes will be taking place at the Slinger DPW Garage. The instructor will be from the Slinger Police Department.

Location: **Slinger DPW Garage,
220 Slinger Road, Slinger 53086**



Min. 3/Max. 5

CODE: #2043

| Sess. | Ages | Dates | Day | Time | Fee |
|-------|-------|--------------|-----|---------------|-------------|
| 1 | 6-10 | March 4 - 25 | SAT | 9:00-10:00am | \$45/NR\$68 |
| 2 | 11-14 | March 4 - 25 | SAT | 10:15-11:15am | \$45/NR\$68 |

**PLEASE REGISTER EARLY,
to help the instructors prepare and
to avoid class cancellations.**

Easy Online Registration At:
jacksonparkrec.recdesk.com

BADGES, BOWS & ARROWS - Keeping Kids Aiming Straight with the Slinger Police Department

Presented By: Slinger Police Department
Ages 6-14

This program is designed to get kids focused on archery rather than drugs and crime. The idea is to challenge our kids and teach them the meaning of teamwork, integrity and respect for others. The Slinger Department of Public Works has offered the use of their garage as an archery range. Afterwards participants will receive a drink and snack. First time participants will receive a t-shirt. The instructor will be from the Slinger Police Department.

Location: **Meet at the Slinger
Village Hall Board Room,
300 Slinger Rd, Slinger 53086**

Min. 1/Max. 2

CODE: #2041

| Sess. | Dates | Day | Time | Fee |
|-------|----------|-----|-------|-------------|
| 1 | March 30 | TH | 1-3pm | \$10/NR\$15 |

Youth Winter Fun



LEARN TO SKATE AT KETTLE MORAINE FIGURE SKATING

SNOW PLOW SAM 1

Ages 3-5 CODE: # 1024

The Snowplow Sam levels are introductory classes divided into four progressive levels allowing children with no prior skating experience to build confidence while learning the basic skills of skating. These instructional classes are designed to help children six and younger develop the ABCs of movement – Agility, Balance, Coordination and speed. The ABCs are essential for developing fundamental movement skills and physical literacy. All classes will be taught in a safe and positive environment, incorporating



fun and games making class time an enjoyable experience for all. Sweatpants, a jacket or sweater, ordinary socks, and gloves and helmet are required.

BASIC 1 FUNDAMENTALS

Ages 6+ CODE: #2049

In this instructional class Basic Skills teaches the FUNDamentals of ice skating and provides the best foundation for figure skating, hockey, and speed skating. All classes will be well-structured with the focus on proper skill development taught in a positive, FUN, and social environment. Discover, Learn and Play – Basic 1: These introductory levels allow new skaters with no prior skating experience to build confidence while learning to skate.

SNOW PLOW & BASIC 1 DATES

**Location: Kettle Moraine Ice Center
2330 South Main St., West Bend**

Min.6/Max. 12 **No Classes Dec 25, Jan 1 & Apr 9**

| Sess | Dates | Day | Time | Fee |
|------|---------------------|-----|----------|---------------|
| 1 | Oct 23- Nov 27 | SUN | 5:15-6pm | \$125/NR\$180 |
| 2 | Dec 4 - Jan 22 | SUN | 5:15-6pm | \$125/NR\$180 |
| 3 | Jan 29 - March 5 | SUN | 5:15-6pm | \$125/NR\$180 |
| 4 | March 12 - April 23 | SUN | 5:15-6pm | \$125/NR\$180 |

ALL REGISTRATIONS INCLUDE: lessons, skates and learn to skate membership. *Schedule subject to change.*



LITTLE SWITZERLAND'S 4-TIME LEARNING PROGRAM

Ages 7+

Dec. 15, 22 and Jan 5, 12

Thursday Evenings

Arrive 30 prior to class if renting equipment

Held at Little Switzerland - 105 Cedar Creek Road, Slinger, WI 53086

Little Switzerland wants to show you how easy and fun it is to participate in their 4-Time Learning Program. Youth will learn the correct way to enjoy a lifelong sport, which will keep them fit and active each winter. Little Switzerland's program is designed to truly teach the sport. The instructors will work closely with the kids to ensure they are developing the basic skills needed to successfully learn the sport of skiing & snowboarding. The kids will have 4 consecutive weeks of lessons and additional time to practice their new skills, and have fun with their friends on the hill. After completion of the program a discount card will be available for additional days for skiing and snowboarding. **YOU MUST REGISTER AT THE JACKSON AREA COMMUNITY CENTER. We recommend appropriate dress and goggles.**

****SIGNATURES ON WAIVERS ARE REQUIRED UPON REGISTRATION IF RENTING SKIS OR SNOWBOARDS.**

(Lessons Include: 4 weeks of lessons for 1 hour each week and lift ticket. Lessons that include rentals will also include the equipment needed. Participants that complete all 4 lessons will receive a special "Loyalty Discount Card").

CODE: #2042

Ski Lessons:

Beginners 5:30 - 6:30pm - R:\$144/NR:\$216
Intermediate 6 - 7pm- R:\$186/NR\$279

Ski Lessons with Ski Rental:

Beginners 5:30-6:30pm - R:\$208/NR:\$312
Intermediate 6 - 7pm - R:\$250/NR: \$375

Snowboard Lessons:

Beginners 5:30 - 6:30pm - R:\$144/NR:\$216
Intermediate 6 - 7pm- R:\$186/NR:\$279

Snowboard Lessons with Brd Rental:

Beginners 5:30 - 6:30pm - R:\$228/NR:\$342
Intermediate 6 - 7pm - R:\$270/NR:\$405

Youth/Adult/Family Programs



The Grief Recovery Method®

The Grief Recovery Method® Grief Support Group The Action Program for Moving Beyond Death, Divorce, and Other Losses

Myths about grief:

- Time heals all wounds
 - Replace the loss
 - Grieve alone
- Be strong for others
- Bury your feelings

Your feelings are normal and natural. The problem is that we have been socialized to believe that these feelings are abnormal and unnatural.

Whether your loss is from:

- Death
- Divorce or end of a relationship
 - Loss of a career
 - Loss of trust
 - Loss of faith
 - Loss of safety
 - Loss of health

THE 8-WEEK PROGRAM WILL BEGIN

Tuesdays: Sess 1: Nov 1-Dec 20 • From 5:30 to 6:30pm
Tuesdays: Sess 2: Feb 7-March 28 • From 5:30 to 6:30pm

Jackson Community Center
N165 W20330 Hickory Ln, Jackson, WI 53037
Cost: \$280
Code: 4040

People say you have to let go and move on in your life, but they don't tell you what you need to do to accomplish that. The Grief Recovery Method® Outreach Program not only makes that possible, but provides partnerships and guidance to ensure that it happens.

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LET'S LEARN TO "PLAY PICKLE" AS A FAMILY!!

Parent & Child Learn to Play Pickleball
(1 adult and 1 child age 7 - 10 Years)

Despite its funny name, Pickleball is one of the fastest growing sports in America and is catching on worldwide. Pickleball is easiest described as a combination of Badminton, ping pong and tennis. It is played on a badminton-sized court with a net similar to a tennis net. Players use a paddle that looks like a ping-pong paddle but is bigger. The ball used is very similar to a whiffle ball. In this instructional class the instructor teaches proper techniques and teaching hints to help parents be successful with kids of this age. You will then have the skills to continue to play and teach your child techniques and hints. Pickleball is truly a game for all ages and skill levels. The rules are simple enough for kids to easily pick up. Net and balls provided.

Location: JCC Gym

Min. 4/Max. 5 (families)

CODE: 2082

| Sess. | Dates | Day | Time | Fee |
|-------|------------|-----|-------|-------------|
| 1 | May 1 - 22 | MON | 6-7pm | \$30/NR\$45 |

CORN HOLE LEAGUE 18+

Presented by the Special Olympics

The Jackson Parks & Recreation Department has teamed up with Special Olympics for a Corn Hole League. Special Olympics is dedicated to promoting social inclusion and to increase sports skills and knowledge through their Unified Sports Recreation Model which involves participation of individuals with intellectual disabilities (athletes) and individuals without intellectual disabilities (partners). This program was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding. Athlete must be accompanied by a partner. Team consists of 2 players.

Location: JCC

8 Team Min.

CODE: 3082

| Sess. | Dates | Day | Time | Fee |
|-------|----------------|-----|----------|-----------|
| 1 | Jan 18 - Mar 8 | WED | 6-8:30pm | \$50/team |

Adult Fitness Fun For All

JAZZERCISE



**Presented by
Jazzercise of Slinger**

Ages 16+

Jazzercise is the original dance party workout! Blending dance with Pilates,

Yoga, Kickboxing and Strength Training. One 55-minute session can burn up to 800 calories! The results? Long lean muscles and an undeniable mood boost. Each of these sessions are made up of twelve classes. For more information just email: livellafitness@gmail.com.

**Location: St. Peter Catholic School
Gymnasium, 206 E. Washington St.,
Slinger**

Min. 6/Max. 15

CODE: #3054

| Sess. | Dates | Day | Time | Fee |
|-------|-----------------|-----|--------|-------------|
| 1 | Oct 3 - Nov 9 | M&W | 4:30pm | \$54/NR\$81 |
| 2 | Nov 14 - Dec 21 | M&W | 4:30pm | \$54/NR\$81 |
| 3 | Jan 2 - Feb 8 | M&W | 4:30pm | \$54/NR\$81 |
| 4 | Feb 13 - Mar 22 | M&W | 4:30pm | \$54/NR\$81 |

LO/NO IMPACT CLASSES

| | | | | |
|---|-----------------|------|--------|-------------|
| 1 | Oct 4 - Nov 10 | T&TH | 4:30pm | \$54/NR\$81 |
| 2 | Nov 15 - Jan 5 | T&TH | 4:30pm | \$54/NR\$81 |
| 3 | Jan 10 - Feb 16 | T&TH | 4:30pm | \$54/NR\$81 |
| 4 | Feb 21 - Mar 30 | T&TH | 4:30pm | \$54/NR\$81 |

No Class Nov 25 & Dec 30



KICK, PUNCH & CRUNCH

Ages 18+

This instructional program is designed to meet the needs of various ages and fitness levels. You'll be challenged to push yourself mentally and physically to interval

train as well as strength train using kickboxing equipment. If you invest yourself in this program you will become stronger physically & mentally, and you will have a new found respect for working hard and being proud of your accomplishments. **Instructed by Brenda Mundt, PT and owner of "Fit4You", LLC.**

Location: JCC

Min. 4/Max. 12

CODE: #3014

| Sess. | Dates | Day | Time | Fee |
|-------|------------------|-----|-------|-------------|
| 1 | Oct 3 - 24 | MON | 6-7pm | \$35/NR\$52 |
| 2 | Oct 31 - Nov 21 | MON | 6-7pm | \$35/NR\$52 |
| 3 | Nov 28 - Dec 19 | MON | 6-7pm | \$35/NR\$52 |
| 4 | Jan 9 - 30 | MON | 6-7pm | \$35/NR\$52 |
| 5 | Feb 13 - Mar 6 | MON | 6-7pm | \$35/NR\$52 |
| 6 | Mar 20 - Apr 10 | MON | 6-7pm | \$35/NR\$52 |
| 7 | Apr 24 - May 15 | MON | 6-7pm | \$35/NR\$52 |
| 8 | May 22 - June 19 | MON | 6-7pm | \$35/NR\$52 |

NO CLASS May 29

ADULT BASEBALL SKILL CAMP

Ages 18+

This instructional Baseball skill development class will be taught by Coach Chris of Martin Skills Academy. Coach Chris uses a mix of classic, time-tested methods with the most up to date techniques to help athletes reach their goals. Join this session do develop your baseball skills. Some of the skills may include: Throwing/Catching, Infield, Outfield, Pitching, Hitting & Base running.

Location: JCC

Min. 4/Max. 12

CODE: 3037

| Sess. | Dates | Day | Time | Fee |
|-------|------------------|-----|-------|--------------|
| 1 | April 14 - May 5 | FRI | 6-7pm | \$70/NR\$105 |



ADULT BASKETBALL SKILL CAMP

Ages 18+

This instructional Baseball skill development class will be taught by Coach Chris of Martin Skills Academy. Coach Chris uses a mix of classic, time-tested methods with the most up to date techniques to help athletes reach their goals. Join this session do develop your basketball skills. Some of the skills may include: Shooting, Rebounding, Offensive Footwork, Post Play, Ball-Handling, Passing, Defense & Agility, and Transition.

Locations: JCC

Min. 4/Max. 12

CODE: 3039

| Sess. | Dates | Day | Time | Fee |
|-------|------------|-----|-------|--------------|
| 1 | Feb 3 - 24 | FRI | 6-7pm | \$70/NR\$105 |

Adult Fitness Fun For All

CARDIO MIX UPBEAT

Ages 16+

This 6 week class will consist of all floor exercise - toning, strengthening and tightening - abs, gluts, legs and more all done to fun music. All you need is your own mat and if you really want a tough workout bring weighted boxing gloves, if you dare! This class is a must, so get ready to melt the inches away. This class is taught for all skill levels. Instructed by Wendy Iverson.

Location: JCC

Min. 5/Max. 12 **CODE: 3057** NO CLASS 11/26

| Sess. | Dates | Day | Time | Fee |
|-------|------------------|-----|----------|-------------|
| 1 | Oct 1 - Nov 5 | SAT | 9 - 10am | \$40/NR\$60 |
| 2 | Nov 12 - Dec 17 | SAT | 9 - 10am | \$40/NR\$60 |
| 3 | Jan 7 - Feb 11 | SAT | 9 - 10am | \$40/NR\$60 |
| 4 | Feb 18 - Mar 25 | SAT | 9 - 10am | \$40/NR\$60 |
| 5 | Apr 1 - May 6 | SAT | 9 - 10am | \$40/NR\$60 |
| 6 | May 13 - June 17 | SAT | 9 - 10am | \$40/NR\$60 |



BODY PUMP

Ages 18+

This challenging one hour instructional class works the entire body. With hand held weights - trim, tone and reshape your body. This class is a must to build needed muscle strength. Done to fun music, learn proper form, starting with small weights and working your way up. This is a head to toe workout!

ADD SOME MUSCLE TO YOUR BODY AND BURN OFF THE FAT! Instructed by Wendy Iverson.

Location: JCC

Min. 5/Max. 12 **CODE: 3058**

| Sess. | Dates | Day | Time | Fee |
|-------|------------------|-----|--------|-------------|
| 1 | Sept 30 - Nov 4 | FRI | 9-10am | \$30/NR\$45 |
| 2 | Nov 11 - Dec 16 | FRI | 9-10am | \$30/NR\$45 |
| 3 | Jan 6 - Feb 10 | FRI | 9-10am | \$30/NR\$45 |
| 4 | Feb 17 - Mar 24 | FRI | 9-10am | \$30/NR\$45 |
| 5 | Mar 31 - May 12 | FRI | 9-10am | \$30/NR\$45 |
| 6 | May 19 - June 23 | FRI | 9-10am | \$30/NR\$45 |

No Class Nov 25 & April 7



Fitness Drumming Let's Workout!

Ages 18+

(Ages 14-17 may take class with a parent/guardian. Youth and parent both need to be registered)

This 6-week instructional class is Low impact dance drumming taught for all ages and levels. Use drumsticks to drum out beats and patterns while also performing exercises. It is a great way to pound the calories and stress away while building rhythm and coordination. This class is an extremely fun workout and turns keeping rhythm into a workout and you won't want to stop. The class will consist of 45 minutes dance drumming followed by 15 minutes of Abs and more. Drumsticks will be provided.

Why Not Try Something New???

Location: JCC

Min. 5/Max. 12 **CODE: 3060**

| Sess. | Dates | Day | Time | Fee |
|-------|------------------|-----|--------|-------------|
| 1 | Sept 28 - Nov 2 | WED | 9-10am | \$30/NR\$45 |
| 2 | Nov 9 - Dec 21 | WED | 9-10am | \$30/NR\$45 |
| 3 | Jan 4 - Feb 8 | WED | 9-10am | \$30/NR\$45 |
| 4 | Feb 15 - Mar 22 | WED | 9-10am | \$30/NR\$45 |
| 5 | Mar 29 - May 3 | WED | 9-10am | \$30/NR\$45 |
| 6 | May 10 - June 14 | WED | 9-10am | \$30/NR\$45 |

NO CLASS Nov. 23

CARDIO HOOP MIX LITE

Ages 18+

This is a great class for those 50 and over.

This low impact instructional class is a fun combination of many exercises. Dance, drum, kick and spin off the inches using a weighted hula hoop, small ball, and weights, constantly changing up the muscle group. This class is fun, yet challenging! Please bring your own mat and water bottle.

Instructed by Wendy Iverson.

Location: JCC

Min 5/Max 12 **CODE: #3059**

| Sess. | Dates | Day | Time | Fee |
|-------|------------------|------|--------|-------------|
| 1 | Nov 1 - Dec 6 | TUES | 9-10am | \$30/NR\$45 |
| 2 | Dec 13 - Jan 17 | TUES | 9-10am | \$30/NR\$45 |
| 3 | Jan 24 - Feb 28 | TUES | 9-10am | \$30/NR\$45 |
| 4 | March 7 - Apr 11 | TUES | 9-10am | \$30/NR\$45 |
| 5 | Apr 18 - May 23 | TUES | 9-10am | \$30/NR\$45 |
| 6 | May 30 - July 11 | TUES | 9-10am | \$30/NR\$45 |

Easy Online Registration At:
jacksonparkrec.recdesk.com

Adult Fitness & CPR

HEALTH CARE PROFESSIONAL CPR - BASIC LIFE SUPPORT

Ages 18+

The BLS Instructor-led course is for people currently licensed or working as health care professionals. This instructional course teaches both single-rescuer and team basic life support skills for application in both pre hospital and in-facility environments, with a focus on High-Quality CPR and team dynamics.

Location: Jackson Fire Dept. Comm. Rm.
Min. 5/Max. 18 **CODE: 3037**

| Sess. | Dates | Day | Time | Fee |
|-------|-------|-----|-------|------|
| 1 | Nov 9 | WED | 6-9pm | \$45 |
| 2 | Feb 8 | WED | 6-9pm | \$45 |

Instructed by the Jackson Fire Dept.



AMERICAN HEART ASSOCIATION Heart Saver CPR CERTIFICATION

Ages 15+

This instructional course teaches Adult and Child/Infant Cardiovascular Resuscitation, and relief of airway obstruction for lay rescuers. Course completion card will be issued upon completion of course.

Location: Jackson Fire Dept. Comm. Rm.
Min. 5/Max. 18 **CODE: 3038**

| Sess. | Dates | Day | Time | Fee |
|-------|--------|-----|-------|------|
| 1 | Nov 16 | WED | 6-9pm | \$45 |
| 2 | Feb 1 | WED | 6-9pm | \$45 |

Instructed by the Jackson Fire Dept.

Like and follow us on Facebook!
www.facebook.com/JacksonParkRec



CLASSIC YOGA

Ages 16+

Join this ALL NEW class with instructor Tony Nickalls. The class will focus on quieting the mind, proper breathing techniques and balance. We will work on a series of gentle yoga poses that further focus on lengthening and strengthening problem areas, such as the back, hips, "desk jockey shoulders" and letting go of every day stress and tightness and encourage healing and well being. Anyone with current injuries should consult their physician. This class welcomes ALL LEVELS of yoga. Please bring a yoga mat and any props you need for class. Optional props may include yoga foam blocks, long strap and small blanket. Dress lightly for easy movement and feel free to bring water.



Location: JCC

Min. 6/Max. 20

CODE: 3027

| Sess. | Dates | Day | Time | Fee |
|-------|------------------|------|-------|-------------|
| 1 | Sept 13 - Oct 18 | TUES | 6-7pm | \$44/NR\$66 |
| 2 | Oct 25 - Nov 29 | TUES | 6-7pm | \$44/NR\$66 |
| 3 | Jan 10 - Feb 14 | TUES | 6-7pm | \$44/NR\$66 |
| 4 | Feb 28 - Apr 4 | TUES | 6-7pm | \$44/NR\$66 |
| 5 | Apr 18 - May 23 | TUES | 6-7pm | \$44/NR\$66 |
| 6 | June 6 - July 18 | TUES | 6-7pm | \$44/NR\$66 |

No Class July 4



**Are you prepared to
VOTE
at the General Election
on November 8, 2022?**

Have you moved into OR WITHIN the Village of Jackson, changed your name or are a new voter?

It is recommended that you register to vote now to avoid lines on election day at the Municipal Complex.

Check your voter registration at: myvote.wi.gov
You can check your voter registration status, find your polling place,
view a sample ballot and find out information about voting.

For more information: www.villageofjacksonwi.gov
(Village Government/Elections/Election Information)

Adult Fitness & Leagues

ZUMBA FITNESS

Ages 16+
(12-15 with a parent)
Instructed by Caitlin Lams



Party yourself into shape!!! Zumba is FUN and easy to do. Let your body move to Latin rhythms while you melt away the calories and feel great. No experience necessary.

Location: JCC

Min. 8/Max. 15

CODE: 3028

| Sess. | Dates | Day | Time | Fee |
|-------|------------------|------|-------------|-------------|
| 1 | Oct 25 - Dec 6 | TUES | 7:05-8:05pm | \$30/NR\$45 |
| 2 | Jan 3 - Feb 7 | TUES | 7:05-8:05pm | \$30/NR\$45 |
| 3 | Feb 21 - Mar 28 | TUES | 7:05-8:05pm | \$30/NR\$45 |
| 4 | Apr 11 - May 16 | TUES | 7:05-8:05pm | \$30/NR\$45 |
| 5 | May 30 - July 11 | TUES | 7:05-8:05pm | \$30/NR\$45 |

DOUBLE THE ZUMBA FUN WITH 2X PER WEEK

| | | | | |
|---|------------------|--------|-------------|-------------|
| 1 | Oct 25 - Dec 8 | T & TH | 7:05-8:05pm | \$45/NR\$67 |
| 2 | Jan 3 - Feb 9 | T & TH | 7:05-8:05pm | \$45/NR\$67 |
| 3 | Feb 21 - Mar 30 | T & TH | 7:05-8:05pm | \$45/NR\$67 |
| 4 | Apr 11 - May 18 | T & TH | 7:05-8:05pm | \$45/NR\$67 |
| 5 | May 30 - July 13 | T & TH | 7:05-8:05pm | \$45/NR\$67 |

NO Class: Nov 22 & 24 and July 4 & 6, 2023



CO-ED INDOOR VOLLEYBALL LEAGUES AGES 18+

FALL LEAGUES beginning in Oct. and WINTER LEAGUES beginning in Jan.

This team sport requires a team of six players. At least two female and two male teammates must

be on the court at all times during the game. This league must have at least four teams to run. Full concessions are available each week. **All fees are per team.**

*REGISTRATION DEADLINE is 2 weeks prior to start date.

Location: **JCC**

Min. 8/Max. 15

| Dates | Day | Time | Fee | CODE |
|--------|-----|--------|------------|------|
| Oct 5 | WED | 6-10pm | \$100/team | 3024 |
| Jan 11 | WED | 6-10pm | \$100/team | 3024 |

Games are scheduled between 6pm and 10pm.



PING PONG & POOL LEAGUE

Do you have what it takes to ROCK the game of Ping Pong and/or Pool???? Rediscover the fun and excitement of these classic sports. Join these fun, recreational leagues today! The number of games will depend on the number of individuals signed up for each sport.

Location: JCC

No Min or Max **CODE: #4007**

| Sess. | Dates | Day | Time | Fee |
|-------|----------------|--------|---------|------|
| 1 | Oct 4 - May 25 | T & TH | 1:00-3p | FREE |



JACKSON PARKS & RECREATION DEPARTMENT

2023 ADULT SUMMER LEAGUES

Mens SOFTBALL & Co-ED SAND VOLLEYBALL

Great facilities in Jackson Park, full concessions with ice cold refreshing beer variety and White Claw! Low Team Fees with NO additional player fees!! Call The Jackson Parks & Recreation Dept.

for league availability and information at:

(262) 677-9665

THURSDAY - ADULT MEN'S SOFTBALL LEAGUE

THURSDAY - ADULT CO-ED SAND VOLLEYBALL

FALL/WINTER INDOOR CO-ED VOLLEYBALL LEAGUES

Check the website for registration on Fall/Winter Indoor Leagues, held in the Jackson Community Center Gymnasium

REGISTRATIONS DUE BY MARCH 17TH, GET YOUR TEAM TOGETHER TODAY!!

www.jacksonparkrec.recdesk.com



Pickleball Madness!!

PICKLEBALL LESSONS

This instructional class is an introduction to Pickleball for beginners and novice players who have never played or are new to the game. You will learn rules and game playing techniques.

PRE-REGISTRATION IS REQUIRED

Location: JCC

Min. 4/Max. 8

CODE: 3021

| Sess. | Dates | Day | Time | Fee |
|-------|--------|-----|-------|------------|
| 1 | Oct 24 | MON | 1-3pm | \$7/NR\$11 |
| 2 | Jan 30 | MON | 1-3pm | \$7/NR\$11 |
| 3 | Mar 13 | MON | 1-3pm | \$7/NR\$11 |
| 4 | May 15 | MON | 1-3pm | \$7/NR\$11 |



PASSIVE PICKLEBALL 18+

Presented by the Special Olympics

The Jackson Parks & Recreation Department has teamed up with Special Olympics for a night of drop-in Pickleball. Special Olympics is dedicated to promoting social inclusion and to increase sports skills and knowledge through their Unified Sports Recreation Model which involves participation of individuals with intellectual disabilities (athletes) and individuals without intellectual disabilities (partners). This program was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding. Athlete must be accompanied by a partner.

Location: JCC

Min. 4/Max. 8

CODE: 3081

| Sess. | Dates | Day | Time | Fee |
|-------|------------|-----|-------|---------------|
| 1 | May 1 - 22 | WED | 6-8pm | \$5 per visit |

*JCC Pickleball Loyalty Passes accepted as payment.

Indoor Pickleball At The
JACKSON COMMUNITY CENTER

FALL/WINTER PICKLEBALL

GET YOUR LOYALTY PUNCH PASS TODAY!
Only \$30 for 10 visits and the 11th is FREE!

No expiration date!
Daily rates are \$5.00 per visit.

FALL/WINTER INFORMATION
Sept. 6, 2022 - May 30, 2023

PASSIVE PICKLEBALL

Perfect for beginners or those new to the game of pickleball and are still learning general play and rules. It's also great for seasoned players that prefer a non-competitive, slower paced game.

Tuesdays & Thursdays
1-3pm

GENERAL PICKLEBALL

Great for those who know their Pickleball and are ready to hop into challenging, fun & faster pace games.

Monday, Wednesday & Fridays from
10am to 1pm

NO PICKLEBALL DATES:

Nov: 24 & 25
Dec: 23, 26, 27, 29, 30
Jan: 2 & 3, 2023
March: 28 & 30
Apr & May TBD



There are rare occasions that we may need to cancel a date at short notice, we will make every attempt to inform participants as early as possible. Thank you.

Adult Enrichment - Fun with Art!



LET'S CREATE

Ages 18 +

This instructional art class is all about learning how to think outside the box when it comes to creating. It is perfect for a person that says: "I can't draw" or "I can't paint." With step by step instructions you will learn to create paintings that you may have previously believed, you couldn't do. It is also a great class for someone that hasn't done something creative in a while and wants to get back into the process.

By applying the fundamentals of color, blending and perspective you will be amazed at what you can accomplish! This class is taught by Sonya Behan, MSW who has taught children and adults the basics of art over the past 20 years, while empowering them to find their own unique style.

Be sure to wear clothes that you don't mind your young artist getting paint on. All supplies for this class are provided for this 4 week series.

Location: JCC

Min. 5/Max. 11

CODE: 4037

| Sess. | Dates | Day | Time | Fee |
|-------|------------|-----|-------|-------------|
| 1 | Oct 6 - 27 | TH | 6-8pm | \$65/NR\$97 |



ENVELOPE DECORATING

Ages 18 +

Ages 12-17 with an adult (both child and adult must be registered)

In instructional class you will learn the basics of using a brush marker to make beautiful letterforms. Taught by calligrapher Debi Zeinert, who has 40 years of experience, you will learn how to understand the brush strokes and how to put them together to create decorative envelopes. All supplies are included. This class will be taught from both a right handed and left handed perspective.

Location: JCC

Min. 6/Max. 12

CODE: 3078

| Sess. | Dates | Day | Time | Fee |
|-------|-------|------|-------|------------|
| 1 | Feb 7 | TUES | 6-8pm | \$45NR\$58 |

Registration Deadline: Jan 27



CROCHET & KNITTING BASICS

Ages 18+

Yarn work is a lost art that will give you a lifetime of pleasure and relaxation. In this 4 week instructional course you will learn to create handmade items for yourself and people you love. In the crochet portion, you will be introduced to the following stitches: chain, single, 1/2 double, slip and many more. In the knitting portion learn to make handmade items using the knit and purl stitch. Participants must purchase their own Crochet Hooks (H or I) and a worsted weight yarn. Knitting: Participants will need to bring SIZE 5 Needles or up and #4 Yarn. Materials and patterns for first project will be explained at the first class.

Location: JCC

Min. 3/Max. 5

CODE: 3006

| Sess. | Dates | Day | Time | Fee |
|-------|------------|-----|-------|-------------|
| 1 | Oct 6 - 27 | TH | 1-2pm | \$20/NR\$30 |
| 2 | Jan 5 - 26 | TH | 1-2pm | \$20/NR\$30 |
| 3 | Feb 2 - 23 | TH | 1-2pm | \$20/NR\$30 |
| 4 | Mar 2 - 23 | TH | 1-2pm | \$20/NR\$30 |
| 5 | Apr 6 - 27 | TH | 1-2pm | \$20/NR\$30 |



Watercolor Window

Ages 18+

Ages 12-17 with an adult (both child and adult must be registered)

Make a piece of art, suitable for framing, in just one class! Join instructor Debi Zeinert, in this instructional class. Watercolor Windows requires no previous watercolor experience and is fun and relaxing. All supplies included. Everyone will walk out of class with a totally different piece of art. You will do this over and over again!

Location: JCC

Min. 6/Max. 12

CODE: 3077

| Sess. | Dates | Day | Time | Fee |
|-------|-------|------|-------|-------------|
| 1 | Mar 7 | TUES | 6-9pm | \$45/NR\$58 |

Registration Deadline: Feb 10

Adult Computers & JCC Free Library



ABC's OF COMPUTERS

Adults 18+

Are you new to using Computers? Do you wonder what people mean when they say the Cloud, Window, ISP, or app? Perhaps you just want to know more about how computers work. When it comes to learning today's technology, this instructional class has all the basic concepts covered. Please bring your own laptop **WITH WINDOWS 10** for the best experience.

Location: JCC

Min. 4/Max. 15

CODE: 3002

| Sess. | Dates | Day | Time | Fee |
|-------|------------|-------|-------|-------------|
| 1 | Oct 3 - 12 | M & W | 6-7pm | \$25/NR\$38 |
| 2 | Feb 6 - 15 | M & W | 6-7pm | \$25/NR\$38 |

NEED ASSISTANCE USING YOUR LAPTOP?

Ages 18+

Do you have questions on using your laptop? Do you need help in setting up or downloading programs? Do you need to learn how to set up email? In this twice a week 60-minute help session with our computer instructor he will offer help with migrating to and using Microsoft Windows 10. He can assist with use of Microsoft Word, Microsoft Excel, Email, and safe use of the internet. You'll need to bring your laptop and power adapter with you. Come to class with specific questions or issues related to your computer. After registering for the session, to prepare for the scheduled meeting, the instructor will contact you to get your questions and concerns.

*Please note, although there may be more than one participant in the session, the instructor may not be able to answer all technical questions but will do their best to ensure that each student receives answers to their specific questions. He cannot help with repair of equipment issues or teach typing.

Location: JCC

Min.4/Max. 8

CODE: 3047

| Sess. | Dates | Day | Time | Fee |
|-------|---------------|--------|-------|-------------|
| 1 | Nov 8 & 10 | T & TH | 6-7pm | \$45/NR\$68 |
| 2 | March 14 & 16 | T & TH | 6-7pm | \$45/NR\$68 |



FREE JACKSON COMMUNITY CENTER ADULT LENDING LIBRARY & PUZZLE EXCHANGE!

Open to all adults on the honor system
Monday - Friday from 4pm to 8pm and
Saturdays from 8am to Noon.

Donated books on all kinds of topics are available for residents of the Town and Village to read and return at the **Jackson Area Community Center**. *Book donations are always welcome!!!*

Please Note: there may be times when activities or rentals make the library unavailable.

For more information or to check hours call (262) 677-9665.



The Jackson Parks & Recreation Department has partnered with the West Bend Library Outreach Services to provide a mobile Library for ages 60+. The West Bend Library will be at the Jackson Community Center:

THE FIRST TUESDAY OF EVERY MONTH from 11:30am to 12:30pm



The Library has books, magazines, and large print materials, both fiction and non-fiction. Books on cassette and CD, where the book is narrated and played on a standard cassette or CD player. On request you may also download ebooks and eaudiobooks to your personal device (phone or tablet). It's easy! And current entertainment music and videos as well as musicals and classics! We also have a Bi-Folkal Kits that contain audiovisual materials on many different topics including holidays and vintage classics. Come check us out!

Community Library Services & More

GERMANTOWN
COMMUNITY LIBRARY



Learn. Share. Grow.

N112 W16957 Mequon Rd
Germantown WI
(262) 253-7760
www.germantownlibrarywi.org

Library Hours:
Mon-Thurs 9am - 8pm
Fri 9am - 5pm
Sat 9am - 4pm

**Special Programs
(all ages welcome!)**

Tiny Art Show
Sept 20 - Oct 15

Sensory Sundays
Sun, Oct 9 & Dec 11
9am-12pm
(registration required)

**Fundraiser
@ Cafe Zupas**
Tues, Oct 11
@ 4:00pm-9pm

Youth Programs

Storytime

Sept 14 - Nov 30
Preschool:
Tues @ 9:30am & 10:30am
Baby/Toddler:
Wed @ 9:30am & 10:30am

Youth Programs:

*All Wrapped Up In a Book
(registration required)
Thurs @ 6:00pm
Sept 8 & 22, Oct 6 & 20,
Nov 3 & 17, Dec 1 & 15

*Cook From a Book
(registration required)
Thurs @ 6:00pm
Sept 15, Oct 13, Nov 10, Dec 8

Special Programs:

Library After Dark
Family Walkthrough
Sat, Oct 22 @ 1:00-3:30pm
(recommended for ages 7+)

*Mummies Mania for Kids
(registration required)
Tues, Nov 1 @ 4:00-5:00pm

'How to Be an Elf' with Kidsplay
(registration required)
Sat, Dec 3
@ 10:30am & 1:30pm

Teen Programs

Special Events

Teen Advisory Board
Info Meeting
Mon, Sept 19 @
6:00-7:00pm

*The Library After Dark
(PG-13)
(tickets required)
Sat, Oct 22 @
6:00-9:30pm

Hot Takes Night 2
Mon, Nov 21 @
6:00-7:00pm

*Dungeons & Dragons
One-Shot Night
(registration required)
Mon, Dec 19
@ 5:00-7:30pm

Learn more about our
Teen Programs &
Services:
germantownlibrarywi.org/
young-adult-services

Adult Programs Tower Heritage History Series

Thurs @ 1pm
Sept 8, Oct 13,
Nov 10, Dec 8

Special Events

*Chocolate!
Wed, Sept 14 @ 6pm

*Tea Talk with
Aureal Ojeda
Tues, Oct 11 @ 6pm

The History of
Germantown
Wed, Oct 12 @ 6pm

*Mummies Mania
Tues, Nov 1 @ 6pm

Legends
& Lore of Winter
Tues, Dec 6 @ 6pm

Book Groups
Dates & Times Vary

Craft Events (Adults & Ages 11+)

Mon @ 1, 3 & 7pm
(registration required)
Mon, Sept 26: Macrame Keychains
Mon, Oct 10: Fall Mini Sewing Gnomes
Mon, Nov 14: Bracelets
Mon, Dec 12: Santa Ornaments

BOOK SALES Fall Dates

Sept: Adult Fiction

Oct: Adult Non-Fiction

Nov 1-11:
Kids Book Bundles, Holiday
Crafts & Holiday Cooking

Nov 11 - Dec 30:
Holiday Gift Basket
and Book Sale

View our online program
calendar & register
<https://germantownlibrarywi.libcal.com/calendar>

Free Digital Resources
<https://www.germantownlibrarywi.org/digital-resources>
ebook, audiobook & more!



IS YOUR MOBILE PHONE CARRIER STRESSING YOU OUT?

**Are they telling you that
your phone won't work
in 2022? That you must
upgrade your phone?**

Attend a one hour, no pressure discussion about smartphones and upgrading your phone at the Jackson Community Center. This FREE discussion is presented by representatives from Connect Cell of Jackson. A US Cellular Authorization Agent.

Tuesday, Feb. 28 at 5pm

Although the class is FREE
pre-registration is required.
CODE #: 3010



PLEASE REGISTER EARLY,
to help the instructors prepare and
to avoid class cancellations.

Like and follow us on Facebook!
www.facebook.com/JacksonParkRec



Easy Online Registration at:
jacksonparkrec.recdesk.com

Adult Planning & Health



AVOIDING BIG MISTAKES WHEN SAVING FOR RETIREMENT

Presented by Collin Vayk, Financial Advisor,
Wells Fargo Advisors

Open To All Adults

Planning for retirement can be a scary topic but it doesn't have to be. Like a trip, retirement planning is about knowing where you are going, and mapping out how to get there. Avoiding big mistakes can make your journey a lot less stressful. This interactive discussion will focus on six common mistakes people saving for retirement make and how you can avoid them.

This is a FREE Workshop!

Location: JCC

Min. 5/Max. 25

CODE: 4002

| Sess. | Dates | Day | Time |
|-------|--------|-----|----------|
| 1 | Nov 10 | TH | 6:30-8pm |

EATING YOUR WAY TO A HEALTHIER LIFESTYLE

Ages 18+

Are you stuck in a rut with your weekly meals? Or are you looking to add some healthy, delicious recipes to improve your health? If so, then this is the class for you! Each week, in this instructional class, we will focus on a different meal group: breakfast, lunch, dinner, and dessert. During each class we will make and eat a couple different recipes and in two of the classes you will make and take one home as well. Not only will you be gaining some awesome new recipes to add to your weekly meal plans, but you will learn all about the health benefits of the ingredients we will be using plus more information on how to make healthy ingredient swaps to your existing favorite meals.

Location: JCC

Min. 5/Max. 11

CODE: 3083

| Sess. | Dates | Day | Time | Fee |
|-------|------------|-----|-------|--------------|
| 1 | Mar 2 - 23 | TH | 6-8pm | \$80/NR\$120 |

FREEZER MEALS

Adults 18+

Instructor: Kristy Markeland

If you are tired of stressing over the question, "What's for dinner?" then this instructional freezer meal class is for you! Once you try this concept you will never want your freezer empty again. Don't let the bustle and stress of everyday life force you to go through drive-thrus. Make mealtime healthy, easy, and DELICIOUS! It's as simple as 1, 2, 3! The instructor will provide supplies and ingredients, except the protein. You will also go home with menu-planning ideas, a website resource for more recipes either to accompany your freezer meals or use with other meals, and easy preparation instructions for your meals. Best part? No cutting veggies or cleaning up!! Meals average \$2.50 per serving.. Take one class or take them all - different recipes will be prepped at each class!



Location: JCC

Min. 2/Max. 10

CODE: 3053

BRING: The protein of choice

| Sess. | Dates | What We're Making | Day | Time | Fee | Registration Deadline |
|-------|--------|-------------------|-----|-------|--------------|-----------------------|
| 2 | Oct 17 | Cozy Crockpot | MON | 6-8pm | \$70/NR\$105 | Oct 10 |
| 3 | Nov 14 | Soups On | MON | 6-8pm | \$70/NR\$105 | Nov 7 |
| 4 | Jan 16 | Freezer Fietsa | MON | 6-8pm | \$70/NR\$105 | Jan 9 |
| 5 | Feb 13 | TBD | MON | 6-8pm | \$70/NR\$105 | Feb 6 |
| 6 | Mar 20 | TBD | MON | 6-8pm | \$70/NR\$105 | Mar 13 |



Easy Online Registration At:
jacksonparkrec.recdesk.com

Adult Planning & Health



Healthy Living with Chronic Pain

Sponsored by the Washington County ADRC
Ages 18+

If living with ongoing pain is keeping you from doing the things you want to do, Healthy Living with Chronic Pain can help by giving you the tools and strategies to manage your pain. This instructional workshop meets once a week for 6 weeks and is facilitated by two trained leaders in a small, interactive group setting. Topics include stress & depression management, sleep management, relaxation & breathing, healthy nutrition, medication management and sleep management. This program does not replace existing treatments but serves to complement a participant's current medical treatment plan.

Location: JCC
Min. 3/Max. 7 **CODE: 4021**

| Sess. | Dates | Day | Time | Fee |
|-------|-----------------|-----|---------------|--------|
| 1 | Jan 23 - Feb 27 | MON | 9am - 11:30am | FREE * |

***Free and Pre-Registration is REQUIRED.** Please call the ADRC at 262-335-4497 to register.



“TEST YOUR EARS AT 60 YEARS” Free Seminar for Ages 18+

The Campaign for Better Hearing is worldwide initiative to inform and educate all Americans about the importance of hearing health. The month of May is Better Hearing & Speech Month, a time to raise awareness about communication disorders and available treatments and options that can improve the quality of life for those who experience problems with hearing loss. Hearing is a very important part of our overall health and wellness, yet many adults neglect it as part of their annual medical check ups. The Jackson Parks & Rec. has teamed up with Avada Hearing Care Center of West Bend to provide FREE hearing evaluations and FREE hearing aid cleanings!

Location: JCC
Min. 3/Max. 7 **CODE: 4016**

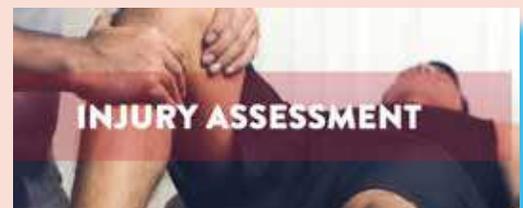
| Sess. | Dates | Day | Time | Fee |
|-------|----------|------|-------------|--------|
| 1 | Oct 18 | TUES | 10am - Noon | FREE * |
| 2 | March 14 | TUES | 10am - Noon | FREE * |

***Free and Pre-Registration is REQUIRED.** Contact Renee at (262) 677-9665 x112 to schedule an appt.

INJURY PREVENTION ASSESSMENT

Adults 18+

Presented by Elizabeth Kremer, DPT of ATI Physical Therapy
All Ages (anyone under the age of 18 must be accompanied by parent/guardian)



Are you living with Aches and Pains? Come be seen by Doctor of Physical Therapy, Elizabeth Kremer, from ATI Physical Therapy, and get a professional opinion on what you can do to help yourself move better and live your fullest life. Physical Therapy can help address issues related to pain, balance, functional mobility and even making it to the bathroom timely and without leaking! If you are a post-partum mom struggling with lifting your baby out of the crib or a senior struggling with arthritic joints, or anyone in between – come see Dr. Elizabeth Kremer to get a FREE 15-minute assessment of what you can do to improve your quality of life.

Pre-Registration is required. Please call Renee at 262-677-9665 to make your 15 minute appointment
Registration Deadline: Oct 26 and Feb 22, 2022

Location: JCC
Min. 6/Max. 12 **CODE: 3001**

| Sess. | Dates | Day | Time | Fee |
|-------|-------|------|---|------|
| 1 | Nov 1 | TUES | 10am - Noon (scheduled in 15 minute appts.) Reg. Deadline: Oct 26 | FREE |
| 2 | May 2 | TUES | 10am - Noon (scheduled in 15 minute appts.) Reg. Deadline: Apr 24 | FREE |

JPR SENIOR CARD CLUB



JPR SENIOR CARD CLUB & SO MUCH MORE

The Jackson Parks & Recreation Department have teamed up with local seniors to offer an every expanding "Senior Card Club". The cost is \$10.00 per year and includes the weekly cards (Sheepshead & Manipulation, and other games upon request), Holiday parties and more. Led by our Senior Coordinator Renee Fisher, you can join us to meet new people, play cards and enjoy some social competition and laughs. We are always adding new programs to provide opportunities for camaraderie, learning and FUN!

Call Renee for more information and to join
(262) 677-9665 x112

***Check out page 40 for more**



CHRISTMAS SOCIAL

Entertainment Jackson
Elementary School Jingers

Thursday, December 8, 2022
performance at 12:30 and Bingo at 1pm
At the Jackson Community Center
Ages 55+

Come join us for an afternoon of snacks, music and fun!
Party and Holiday BINGO FOR A BUCK starts at 1pm.

There is no charge, however, registration is required.
The Deadline to register is Monday, December, 5, 2022.

ONLY SNOWFLAKES SHOULD FALL

Do you worry about your balance? Have you ever fallen or are fearful of falling. Come talk with Doctor of physical Therapy Elizabeth Kremer, from ATI Physical Therapy, and learn about what helps you stay upright and on your feet, how you can improve your balance, and when it may be appropriate to get help.

Location: JCC

Min. 6/Max. 15

CODE: 4015

| Sess. | Dates | Day | Time | Fee |
|-------|-------|------|---------|------|
| 1 | Dec 6 | TUES | 10-11am | FREE |



Young At Heart 55+



WASHINGTON COUNTY SENIOR DINING PROGRAM

Come share a meal with us!

All persons age 60 and older, and their spouse regardless of age, are invited to join us!

Meals are served at the Jackson Community Center on:
Mondays, Wednesdays, Thursdays and Fridays
at 11:30 AM.

Reservations are required. Please call **Margaret at 262-483-6184** no later than noon the day before to reserve a meal.

Senior Dining Meals are provided on a donation basis.

Our current suggested donation is \$3.75 per meal.

Participants are able to donate what they can afford to contribute. No one who is eligible will be denied a meal because of an inability to donate.

NEW FACES ALWAYS WELCOME!



AARP Driver Safety Program

Presented by AARP and the Jackson Police Dept.

AARP has cancelled all in-person classes due to the COVID Pandemic. AARP is offering the Smart Driver Course on-line for individuals who may need to take the course to renew their car insurance discount. Individuals can register at the website below for the Smart Driver Course.

AARP Website: www.aarpdriversafety.org
DRIVINGSKILLS



For the Smart DriverTEK registrants may go to aarp.org/SDTEK for the online workshop.



UNDERSTANDING MEDICARE PARTS A, B, C & D

Ages 50+

Mike Peplinski, from Physicians Mutual family will be at the Jackson Community Center to offer educational information and materials on Understanding Medicare: Making the most of your rights, options and entitlements; how to enroll in Medicare; what Medicare does and doesn't cover and much more.

This is a FREE Workshop!

Location: JCC

Min. 5/Max. 11

CODE: 4013

| Sess. | Dates | Day | Time | Registration Deadline |
|-------|---------|-----|-------|-----------------------|
| 1 | Sept 28 | WED | 6-7pm | Sept 26 |



HUNGER TASK FORCE "STOCKBOX" Program

This program is FREE and provides a full box of healthy foods for those who are 60 years and older that meet income requirements.

Registration is REQUIRED, but it is minimal and confidential. Pick-up for qualified candidates is every 2nd Wednesday of the month from 10:30 - 11am at the Jackson Community Center. For more information, call Renee at (262) 677-9665x112.

Easy Online Registration at:
jacksonparkrec.recdesk.com

Young At Heart 55+



STRONG BODIES

Dr. Miriam Nelson, a professor at Tufts University in Boston, Massachusetts, has developed a strength-training program specifically for mid-life and older adults.

The **Strong People Program** is an exercise program that will help you increase your strength, bone density, balance, and energy, and you will look and feel better! Brought to you in partnership with the Washington County Aging and Disability Resource Center.

Location: JCC

Min. 8/Max. 15

CODE: 4008



| Sess. | Dates | Day | Time | Fee |
|-------|-------|-----|------|-----|
|-------|-------|-----|------|-----|

| | | | | |
|---|---------------------|-----------|-------------|--------------|
| 1 | Sept 20 - Nov 17 | T & TH | 1:30-2:30pm | \$5/NR\$7.50 |
|---|---------------------|-----------|-------------|--------------|

****No Class Oct 6 or Oct 13**



HEALTHY DISCUSSIONS Ages 50+

Join Nancy Gloede RN, for an hour of informal monthly Health discussions on a variety of topics. Register for the first session to help set the agenda, give your input and gain a new perspective on health concerns you may be having. Options to include, but not limited to Diabetes, Heart Disease, Dementia, Arthritis, Stress, Medications and managing a physicians visit. LET'S MAKE HEALTH FUN AND INTERACTIVE!!

Location: JCC

Min 6/Max. 15

CODE: #4018

| Sess. | Dates | Day | Time | Fee |
|-------|-------|-----|------|-----|
|-------|-------|-----|------|-----|

| | | | | |
|---|--------|-----|---------------|-------------|
| 1 | Sept 7 | WED | 2:15 - 3:15pm | \$10/NR\$15 |
| 2 | Nov 2 | WED | 2:15 - 3:15pm | \$10/NR\$15 |
| 3 | Feb 8 | WED | 2:15 - 3:15pm | \$10/NR\$15 |
| 4 | Apr 19 | WED | 2:15 - 3:15pm | \$10/NR\$15 |

SIT AND BE FIT!

Ages 50+

Join Nancy Gloede RN, for an hour of fun, exercise and socialization. This instructional course will be gentle range of motion to prevent and improve arthritic pain along with a few strengthening and balance exercises to prevent falls. "Motion is Lotion" for the joints, so come and participate in some movement to stay healthy and well.

Location: JCC

Min 6/Max. 15

CODE: #4017

| Sess. | Dates | Day | Time | Fee |
|-------|-------|-----|------|-----|
|-------|-------|-----|------|-----|

| | | | | |
|---|------------------|-----|---------|-------------|
| 1 | Sept 7 - 28 | WED | 1 - 2pm | \$10/NR\$15 |
| 2 | Oct 5 - Oct 26 | WED | 1 - 2pm | \$10/NR\$15 |
| 3 | Nov 2 - 30 | WED | 1 - 2pm | \$10/NR\$15 |
| 4 | Jan 4 - 25 | WED | 1 - 2pm | \$10/NR\$15 |
| 5 | Feb 8 - Mar 1 | WED | 1 - 2pm | \$10/NR\$15 |
| 6 | March 15 - Apr 5 | WED | 1 - 2pm | \$10/NR\$15 |
| 7 | Apr 19 - May 10 | WED | 1 - 2pm | \$10/NR\$15 |



**NO CLASS
Nov. 23**

FREE Programs for 60+

THE FOLLOWING JACKSON PARKS & RECREATION PROGRAMS ARE FUNDED BY THE OLDER AMERICANS ACT THROUGH THE ADRC OF WASHINGTON COUNTY.

Participants must be 60 years or older to participate . Pre-registration is required for all programs.

These classes are FREE unless otherwise noted. Donations are welcome toward the cost of these programs.

| Program Name | Description | Dates | Times |
|--|--|---|--|
| BINGO for a BUCK! Min 7/Max 20 Code: 4039 | Come join us every Thursday for an afternoon of B-I-N-G-O Fun! Note: There are no cash prizes, but lots of FUN prizes and some weekly theme's. | Begins 9/15 | Thursdays Noon - 2pm |
| PICKLEBALL FOR 60+ Code: 4031 | If you are 60+, come and join us on Tuesday mornings for a FREE morning of Pickleball. This is great for all beginners who know Pickleball and prefer a non-competitive, slower paced game. Must be 60+, NO EXCEPTIONS. | Begins 9/6 | Tuesdays 10am - Noon |
| CARING FOR YOUR FEET Max 8 Code: 4019 | Join Toe Nail Trimmers for a foot assessment, foot & toe nail care, corn & callus care, foot care teaching as well a nice foot massage. Care by Registered Nurses. Schedule 45 minute appts. with Renee. | S 1: 2/1 | Wednesdays <i>By Appt. Only</i> <i>After 12:30pm</i> |
| CARDIO HOOP MIX LITE Min 5/Max 15 Code: 4034 | This low Impact instructional class is designed for older adults using a combination of many exercises to use all your muscle groups. This class is fun and will give you a good workout! | S 1: 9/15-10/20 S 2: 10/27-12/8 S 3: 1/5-2/9 S 4: 2/16-3/23 S 5: 3/30-5/4 S 6: 5/11-6/15 | Thursdays 9-10am (NO CLASS NOV 24) |
| WINTER MEALS FOR 1 or 2 Min 5/Max 8 Code: 4035 | Need ideas for downsizing your meals? In this instructional hands on course you will cook quick economical warm winter meals that are perfect for 1 or 2 without a lot of wasted leftovers. Bring Ziploc bags or containers for take home goodies! | S 1: 1/30 S 2: 3/6 S 3: 4/17 | Mondays 1-3pm |
| LET'S CREATE! Painting Exploration Min 4/Max 6 Code: 4037 | Explore your creativity with this fun and interactive painting class. As you explore your own unique style, you will also be learning techniques created by some of the world's most famous artists. Instructor, Sonya Behan, MSW will lead you to gently learn how to not overthink and embrace creativity with an open mind & heart. | S 1: 3/14 & 3/21 S 2: 4/11 & 4/18 | Tuesdays 10am - Noon |

Other Older Americans Act and ADRC Programs may include:

The Annual Holiday Party, the St. Patrick's Day Party, Seminars, Fitness Center and more!

Please note, these programs are grant driven and may not run if grant funds are not available.

Cancelled classes may not be made up. Enrollment does not entitle the participant to supplies if the class is missed.

Rentals & Sponsorship Opportunities

JACKSON AREA COMMUNITY CENTER

Facility Rental Information

Party/Meeting rooms are available for groups up to 325 (150 seated at tables).

Gymnasium is a perfect place for ceremonies, recitals and other large events.

For rental details call (262) 677-9665 or email at parkrec@villageofjacksonwi.gov reserve online at: jacksonparkrec.recdesk.com

JCC rents on a rotating 12 month calendar!



The JCC is the perfect place for your next party, work meeting, Club/Organziation meeting or family gathering!

- *All rentals are on a first come, first serve basis.
- *Dates WILL NOT be saved with emails or phone calls.
- *Building Supervisors CANNOT pencil dates in the master calendar.

All fees must be paid at the time of reservation to secure date.



RENT THE SPLASH PARK in 2023

Private Rental:

* All Rentals are 7- 8:30pm

Mon-Sun.

(Memorial - Labor Day)

* Fee Is: \$100.00 - Residents

(\$200.00 - Non Residents)

Includes a Building Supervisor to ensure your private party during your rental. Wristbands will be given to all your party guests so they are easily identified.

Weekday Group Rentals: Refer to the Group Splash Park Rental Policy on the website or call for details. (262) 677-9665

Jackson Parks & Rec. will be accepting **Park Shelter & Splash Park Reservations for 2023 - beginning January 3, 2023**

See Park & Community Center rental details on the web at jacksonparkrec.recdesk.com

JACKSON PARK

* Shelters #1, #2 & #3

HICKORY LANE PARK

* Shelter and/or Splash Park



For Town Hall & Park Reservations call (262) 677-4048

SPONSORSHIP OPPORTUNITIES!

Are you a business or organization looking for a reasonable way to advertise and get your name out to the Jackson Community, while helping your local Parks & Recreation Department? Look no further, call Jess at the Jackson Parks & Recreation Department and discover the many ways we can help you advertise - like in our Activity Guides!!

(262) 677-9665 or

parkrec@villageofjacksonwi.gov

40

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Online at www.youtube.com/user/MorningStarWELS

Morning Star Lutheran School

- ◆ An exceptional, Christ-centered education for 3K - 8th grade
- ◆ Participates in the **Wisconsin Parental Choice Program** (WPCP)
- ◆ Accredited by WELS School Accreditation and the National Council for Private Schools Accreditation

Morning Star Ministries is Expanding with an Early Childhood Center

- ◆ Targeted to open in January 2023
- ◆ Daycare for infants to 4 years of age
- ◆ To be kept informed about construction progress and upcoming enrollment opportunities, please scan the QR code and provide us with some information.



Serving the Community!

- Community Garden
- Annual Winter Carnival
- Little Free Library
- Feeding His Flock - Year-round food drive
- And more!

Morning Star Lutheran Church & School

N171 W20131 Highland Road
Jackson, WI 53037
Website: www.morningstarwels.org
Church: (262) 677-9357; church@morningstarwels.org
School: (262) 677-9196; school@morningstarwels.org

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PROGRAM REGISTRATION FORM

Jackson Parks & Recreation/Jackson Community Center N165 W20330 Hickory Lane, Jackson WI 53037
 Phone: (262) 677-9665 * Email: parkrec@villageofjacksonwi.gov * Web: jacksonparkrec.recdesk.com

FAMILY NAME: _____ RESIDENCY: Village Non-Res./Town

ADDRESS: _____

HOME PHONE: (____) _____ CELL PHONE: (____) _____ EMAIL: _____
City State Zip

EMERGENCY CONTACT NAME & CELL NUMBER: _____, (____) _____

ALLERGIES OR MEDICAL CONDITION TO NOTE: NO YES Please Explain: _____

- Complete form with waiver signed below.
- Include payment: check made payable to "Jackson Parks & Recreation" or Cash or Credit Card (*form below*).
- Register Online at: jacksonparkrec.recdesk.com, Mail or Drop Off at the JCC at least (5) days prior to class start date.
- Proof of Residency and/or age may be requested at the time of registration. As of 5/1/22 Town Residents are considered non-residents and will need to pay fee accordingly.
- Registrations are a first come, first served basis at the time of payment.
- The JPR reserves the right to cancel, combine or reschedule to meet instructor and class size requirements.



| PARTICIPANT NAME | DOB | AGE | GRADE | PROGRAM NAME | PROGRAM CODE | DAY (S) | DATES | TIME | SEE |
|------------------|--------|-----|-------|-----------------|--------------|---------|------------|-------|--------|
| Sample JPR | 0/0/00 | 00 | 0 | Super Fun Class | #1234 | M&W | 9/12-10/15 | 5-6pm | \$1.00 |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |

LIABILITY WAIVER: VOJ/JPR refers to Village of Jackson and Jackson Parks & Recreation. All registrants are required to sign the following release. Parents or guardians must sign for minors. The undersigned freely, voluntarily, and without duress executes this waiver and release under the following terms: The undersigned does hereby release and forever discharge and hold the VOJ/JPR harmless from any and all liability, claims, and demands, either in law or in equity, which arise or may hereafter arise from the undersigned's activities with the VOJ/JPR. The undersigned understands that this waiver and release discharges the municipality from any liability or claim that the undersigned may have against the municipality with respect to any bodily injury, personal injury, illness, death or property damage that may result from the undersigned's activities with the VOJ/JPR, whether caused by the undersigned or by the negligence of the VOJ/JPR or its officers, directors, employees, agents or otherwise. However, the VOJ/JPR and the undersigned understand that the municipality is not released from liability for harm incurred by the undersigned, which results from the VOJ/JPR intentional or reckless conduct. The undersigned understands that the VOJ/JPR does not assume any responsibility for or obligation to provide financial assistance or other assistance, including but not limited to medical, health, or disability insurance in the event of injury or illness to the undersigned. The undersigned hereby expressly and specifically assumes the risk or injury or harm in the activities and releases the VOJ/JPR from any and all liability for injury, illness, death, or property damage resulting from the activities and caused by the undersigned or by the negligence of the VOJ/JPR. The undersigned does hereby release and forever discharge the VOJ/JPR from any claims whatsoever which arise or may hereafter arise on account of any first aid, treatment, or service rendered in connection with the undersigned's activities with the VOJ/JPR. The undersigned does hereby grant and convey unto the VOJ/JPR all right, title, and interest in any and all photographic images and video or audio recordings made by the VOJ/JPR during the undersigned's activities with the VOJ/JPR, including but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings. I have read this waiver and release of liability thoroughly and fully understand and enter into it on behalf of myself, my heirs, next of kin, assigns, and personal representatives. No one has made any representations, statements, or inducements that change or modify anything written in the waiver and release of liability.

SIGNATURE: _____ DATE: ____/____/____

Please note, there is a 3% convenience fee for credit card purchases.

REFUND REQUESTS

Requests for full refunds must be made (2) weeks prior to the start date of the program. A 50% service fee will be applied to any cancellations made 13 days prior to the start date of a class. NO REFUNDS will be granted once a program has begun. Please allow (3) weeks for processing.

OFFICE STAFF INITIALS: _____

CASH CHECK# _____
 CREDIT CARD

Jackson Parks & Recreation Credit Card Authorization

Name: _____ (as it appears on card)

Address: _____ City: _____ Zip: _____

Check if Billing is the same or list: _____

VISA/MC/DISCOVER

Exp. Mo/Yr. _____ CVV Code _____

AMEX

Exp. Mo/Yr. _____ Sec. Code _____

I authorize the Jackson Parks & Recreation Dept. to charge my credit card for the above fees. If the Jackson Parks & Recreation Dept. is unable to process my payment, I will be responsible for an alternate payment arrangement. I understand there may be a fee associated with credit card processing.

Signature: _____ Date: ____/____/____

Please support our local businesses!



For the West Bend School District there are academic successes from the past year...

- Rating of Exceeds Expectations on state report card
- Growing Career and Technical Education participation
- Programming for students ages 3-21
- Continued focus on creating opportunities for students in academics, athletics, clubs, and co-curriculars



In 2021-2022, the budget remained balanced and we continue to lead by example with our fiscal stewardship.

- In 2023 the West Bend School District will become one of the few districts in the state that is debt free
- Paying off our debt early saves our taxpayers more than \$1,000,000 in interest expenses
- The district will operate under a balanced budget while also facing flat revenues from the State of Wisconsin for a second consecutive year
- Federal funds have been utilized strategically to maintain and expand programming for students in the face of financial challenges posed by the pandemic
- Annual right-sizing of the staff continues to occur to ensure staffing matches enrollment and student service needs

Review the balanced budget and finance information at west-bend.k12.wi.us.



The West Bend School District values partnerships, opportunities, youth apprenticeships, and implementing effective approaches to our work to improve academic outcomes for all. Check out **Vantage Point: West Bend School District 2021-2022 Highlights** at west-bend.k12.wi.us.

Get weekly updates with the **West Bend School District Update** newsletter. Send your email address and name to wbsd@wbsd-schools.org to sign up.